



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

DIAGNOSIS OF
HEPATIC ENCEPHALOPATHY

BY

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DIAGNOSIS OF CHRONIC HEPATIC ENCEPHALOPATHY

- When patients, with and without known liver disease, present with neuropsychiatric symptoms or neurological signs, it is necessary to ask one of the following questions:

(1) Does this patient have HE? or

(2) Could this patient have HE?

There are two components to making a diagnosis of HE:

- one is to determine that minimal or overt encephalopathy is present, and

- the other is to obtain information consistent with hepatocellular insufficiency and increased portal-systemic shunting.

LABORATORY TESTS:

- A patient with significant liver injury may have **normal results**.
- Elevated serum **aminotransferases (AST)**
- **Hyperbilirubinemia, hypoalbuminemia, and hyperglobulinemia**
- Elevated **alkaline phosphatase**
- Prolonged **prothrombin time**
- **Hypomagnesemia, hypophosphatemia, and hypokalemia**

LABORATORY TESTS:

- Primary respiratory alkalosis, due to centrally-mediated hyperventilation is the most common acid-base disturbance in patients with severe liver disease, especially with superimposed encephalopathy. The exact etiology is unclear but may be related to the hormonal imbalance associated with liver failure. Estrogen and progesterone have been implicated, a situation somewhat similar to that seen in pregnancy.

LABORATORY TESTS:

- **Anemia** (from folic acid and vitamin B12 deficiency), gastrointestinal blood loss, or toxic effects of alcohol on bone marrow.
- **Plasma ammonia levels** are not consistently raised in patients with HE; they correlate poorly with the stage of HE and they do not provide a reliable index of the efficacy of treatments for HE.

LABORATORY TESTS:

- Lumbar puncture is not done unless indicated by atypical clinical or laboratory findings. It carries increased risk because of the presence of coagulopathy and, if ICP is increased in FHF, the possibility of precipitating cerebral herniation.

PSYCHOMETRIC TESTS:

- **Simple psychometric tests** include:
- orientation to time, person, and place,
- recall of current events,
- subtraction of serial sevens,
- handwriting, and
- figure drawing.

The inability to draw a five-pointed star (constructional or ideational dyspraxia) has received special attention.

EUROPHYSIOLOGICAL TESTS:

The EEG abnormalities that occur in HE are non-specific, being found in other metabolic encephalopathies. The main EEG abnormalities in HE are a progressive bilaterally asynchronous decrease in wave frequency and an increase in wave amplitude. Preterminally there is a

common with other cases of
metabolic encephalopathies,
proxysmal triphasic waves may
occur, even in the early stages of
E, and are characteristically
associated with a frontal to
occipital phase shift.

G WAVES AS DEFINED BY FREQUENCY:

PHA



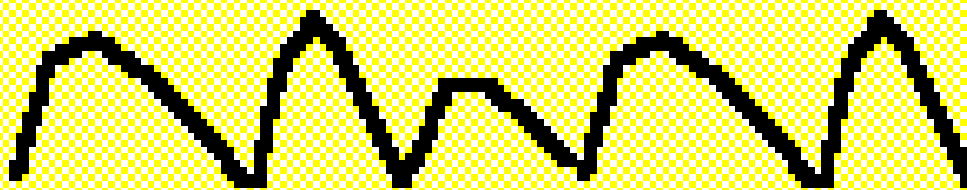
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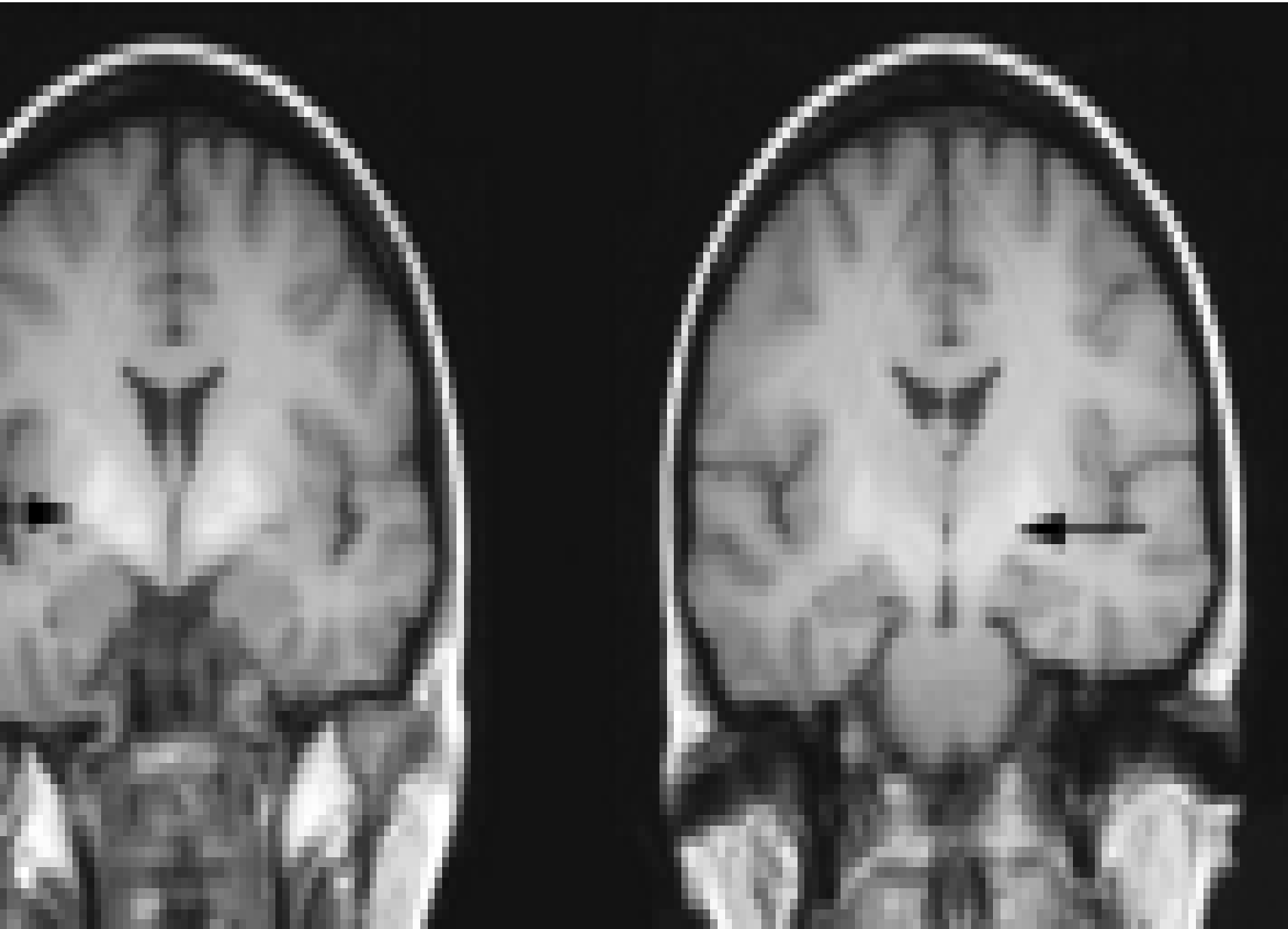


LTA



MRI:

magnetic resonance imaging of the brain proved an abnormally high signal on T1-weighted imaging in the basal ganglia, particularly the globus pallidus. This high signal is now believed to be due to manganese deposition, and post-mortem studies have shown levels up to seven times



RS, PET

like MRI findings, in cirrhotic patients magnetic resonance spectroscopy and 18-fluoro-deoxy-glucose positron emission tomography have also disclosed normal findings in the basal ganglia. The relationship of these

CEREBRAL BLOOD FLOW:

Cerebral blood flow is low in patients with liver cirrhosis and, among cirrhotics, it is lower in alcoholic and portal cirrhosis than in cholestatic liver disease. In patients with previous alcohol abuse, cerebral blood flow is reduced in the frontal

AUTOPSY STUDIES:

Structural changes in neurons In patients who die with cirrhosis and portalsystemic shunts, proved an increase in the number and size of astrocytes, particularly Alzheimer type 2 astrocytes. Such changes may be induced by raised concentrations of ammonia, but they are not a feature of the brain in fulminant

*DIFFERENTIAL DIAGNOSIS
OF HEPATIC ENCEPHALOPATHY*

Other metabolic encephalopathies:

Hypernatraemia, the manifestations of hypernatemia are those of hyperosmolality. The symptoms range from lethargy to seizures, coma and death.

Hypонатраemia, the manifestations are mainly attributable to CNS edema, which is usually not seen until the serum sodium falls to 120 meq/l or less. Symptoms range from mild lethargy to

hypoxic-ischemic encephalopathy:

lateral hippocampal damage causes Korsakoff's amnesia. This is a memory disorder characterized by inability to retain new information (anterograde amnesia) and a less severe defect of recall of old memories (retrograde amnesia).

diffuse cortical, thalamic, or combined neuronal loss (with intact brainstem) results in dementia or the persistent vegetative state (loss of cognitive functions and emotion with preservation of sleep-

hyperglycaemia or hypoglycaemia,

hypercapnia, the clinical manifestations of hypoventilation syndromes include respiratory acidosis, usually worsened at night with subsequent morning headache and daytime somnolence with eventual intellectual impairment.

anaemia, Uremic encephalopathy is an organic brain disorder. It develops in patients with acute or chronic renal failure, usually when creatinine clearance

Manifestations of this syndrome vary from mild symptoms (eg, lassitude, fatigue) to severe symptoms (eg, seizures, coma). Severity and progression depend on the rate of decline in renal function; thus, symptoms are usually worse in patients with acute renal failure. Prompt identification of uremia as the cause of encephalopathy is essential because symptoms are readily reversible following

Wilson's disease (Hepatolenticular degeneration):

an autosomal recessive disorder, typically appearing in late adolescence. Copper is increased to saturation levels in the liver followed by accumulation in the brain, cornea (Kayser-Fleisher ring round corneal opacities), and kidney. Metabolic defect unknown, may be inability of bile duct to

main: Degeneration of basal ganglia:
coordination (especially involving
movements), clumsiness,
slowness of voluntary limb
movements and speech, tremor,
arthria, excessive salivation,
axia, dysphagia, and mask-like
cies

Intoxication with sedative/hypnotic
drugs (e.g. triazolam):

lizziness

- drowsiness

headache

- nervousness

nausea

- vomiting

coordination problems

Consequences of head trauma

(postconcussive syndrome):

delirium and wishing not to be moved.

Severe memory loss.

Local deficit.

Global confusion.

Repetitive vomiting and nystagmus.

Lethargy.

Diabetes insipidus.

Positive findings on CT scan or EEG

would be common in such cases.

Organic intracranial lesions: In some cases the symptoms are relatively nonspecific and usually are characterized by an **intermittent headache** accompanied by some degree of **personality change, irritability, or confusion**. This condition is easily confused with **drug intoxication, cerebral stroke,**

Alcohol intoxication and withdrawal syndromes:

Kernicke's encephalopathy: nystagmus, ataxia, and confusion often accompanied by ophthalmoplegia. Cardiovascular

involvement may be signaled by tachycardia as an early manifestation of peripheral vasodilatation. Thiamine should

be administered promptly-preferably before glucose is given-to any person in whom subclinical thiamine deficiency is

Korsakoff's syndrome: many of the alcoholic patients who recover from the acute encephalopathy will be left with profound defect in **memory** and **learning** known as *Korsakoff's psychosis*.

Delirium tremens (DTs) may occur in a patient with underlying alcoholic liver disease. It is important, therefore, to distinguish this syndrome from HE. In contrast to asterixis associated with HE, patients with DTs have a rapid postural and action tremor. Furthermore, the manifestations of DTs, including delirium, suggest cortical excitation rather than the presumed cortical inhibition that seems to



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*DIAGNOSIS OF MINIMAL
HEPATIC ENCEPHALOPATHY*

The technique of **critical flicker frequency** might be effective in identifying cases of MHE. This technique establishes the frequency at which a flashing light appears to stop flashing and becomes continuous (**fusion frequency**). The fusion frequency dropped with

neuropsychological tests: Can be applied to detect and quantitate abnormalities of mental function in patients with liver diseases, who have HE or early prestupor stages of HE.

Number connection tests part A (NCT-A); is a derivative of the trail making test that **measures the cognitive function.** Patients perform the test by connecting numbers printed on paper

Digit symbol test (DST); this is a subset of the Wechsler Adult Intelligence Scale and **measures motor speed and accuracy**. The patient is given a list of digits associated with symbols from 1-9 and is asked to fill in blanks with symbols that correspond to each

Neurophysiological assessment:

The EEG was recorded by standardized techniques. Patients were graded into the different stages of HE according to their Median Dominant Frequency (MDF), and the relative powers of delta and theta activity.

Evoked potentials testing is of greatest utility in detecting subclinical spinal cord and optic nerve lesions. However, it could

Neuroimaging techniques such as magnetic resonance spectroscopy (MRS) and positron emission tomography (PET) have been used in the assessment of MHE, but at the moment they are more useful in research and in further establishing the pathophysiology of the condition.

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يَأْتِيكُمْ بِخَيْرٍ



DIAGNOSIS OF FULMINANT HEPATIC FAILURE

ute hepatic necrosis leading to
hepatic encephalopathy and
coagulopathy develops secondary to
viral, toxin or immune mediated
attack. It is associated with failure
of hepatic regeneration. The
processes leading to such profound
hepatic damage are unknown, but
are multifactorial and depend on the
dose and susceptibility of the host

Lab Studies:

Liver function studies:

Levels of hepatic enzymes do not correlate well with the severity of the disease; they may be elevated, normal, or even decreased in patients with FHF.

Levels often are markedly elevated in patients with metabolic disorders.

With progressive necrosis of the liver,

um bilirubin: Both direct and indirect
um bilirubin levels usually are elevated.
ically, **conjugated hyperbilirubinemia** is
esent.

ochemistry: **Glucose** level is decreased,
pecially in infants. **Hyponatremia**,
hyperkalemia, **respiratory alkalosis**, or
metabolic acidosis also may be present.

agulation profile: **Prothrombin time (PT)**
prolonged. However, it does not respond

al studies:

HAV, HBV, HCV, HDV, and hepatitis E viruses account for approximately 50% of cases. Many viruses other than hepatitis also are recognized causes of FHF in childhood.

HBV is the most common cause of FHF in endemic areas. Presence of IgM anti-HBcAg or HBsAg in serum supports the

HAV infection is a recognized cause of AHF in individuals of all ages. Diagnosis of HAV infection is made by the presence of anti-HAV IgM in the patient's serum.

HCV infection is diagnosed with detection of anti-HCV antibody or HCV RNA in the serum.

HDV is diagnosed by the presence of anti-HDV RNA in the serum.

Other causative viruses include Epstein-Barr virus, CMV, herpesviruses, and

Liver biopsy:

Liver biopsy is usually an **essential** procedure to consider in the management of FHF. It contributes to the working diagnosis and subsequent therapy. However, samples should be examined with caution because results **correlate poorly with prognosis**. Liver biopsy mostly is required to further assist in **reaching a likely diagnosis** or in

view of the presence of
agulopathy, weight the risk of liver
opsy against its contribution to
agnosis and management.
ministration of vitamin K typically
s **not** been found to result in a
atisfactory drop in PT in FHF.
ansvenous biopsy is not
commonly used as a relatively
fe route in such a clinical

Conclusion:

There are no specific clinical features or patterns of laboratory test results that are diagnostic of HE. Accordingly, the diagnosis of HE requires:

clinical judgment and

involves establishing the presence of hepatocellular insufficiency and



THANK YOU