



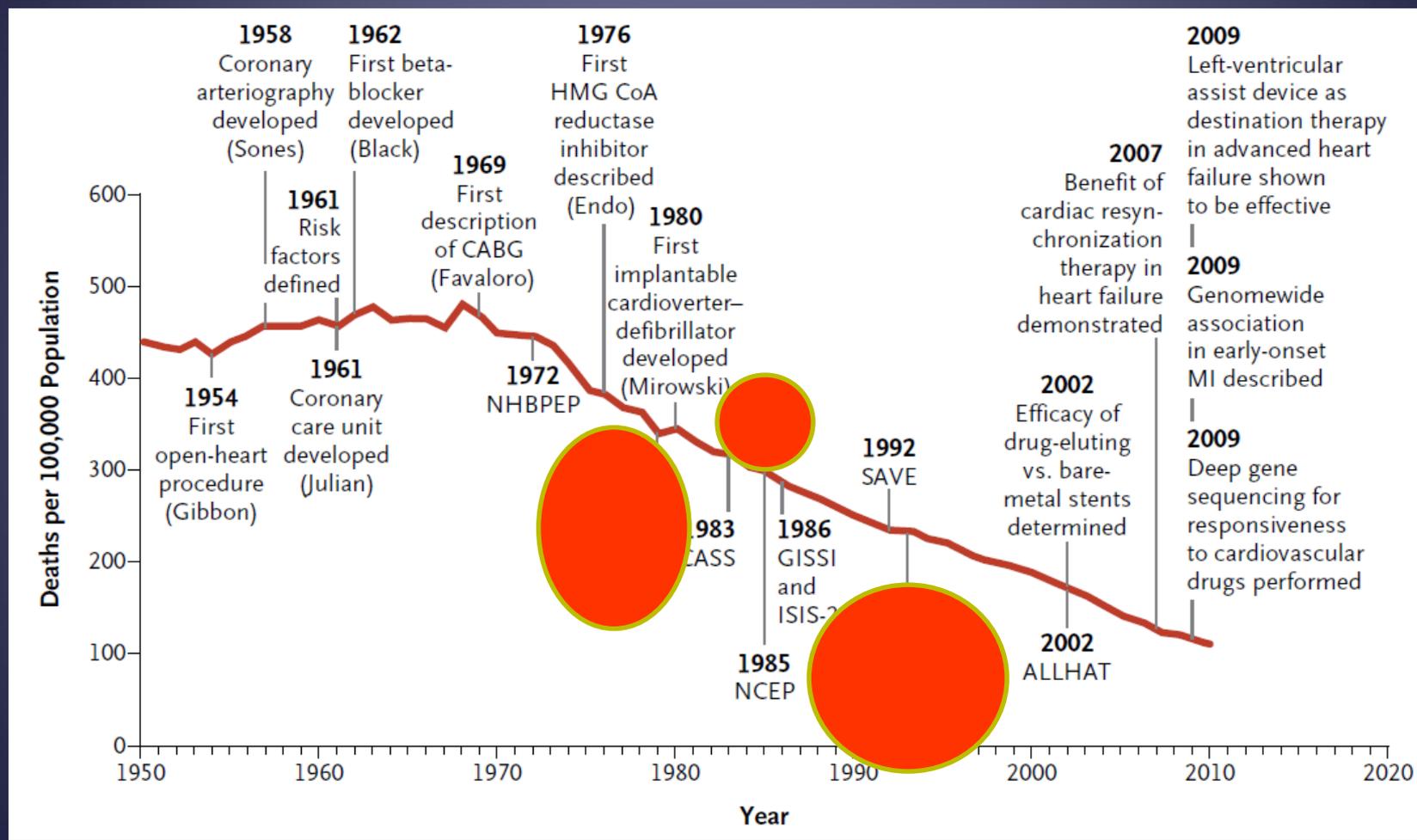
STEMI – Primary Percutaneous Coronary Intervention

Abdul Razek Maaty, MD
Professor of Medicine

Outline

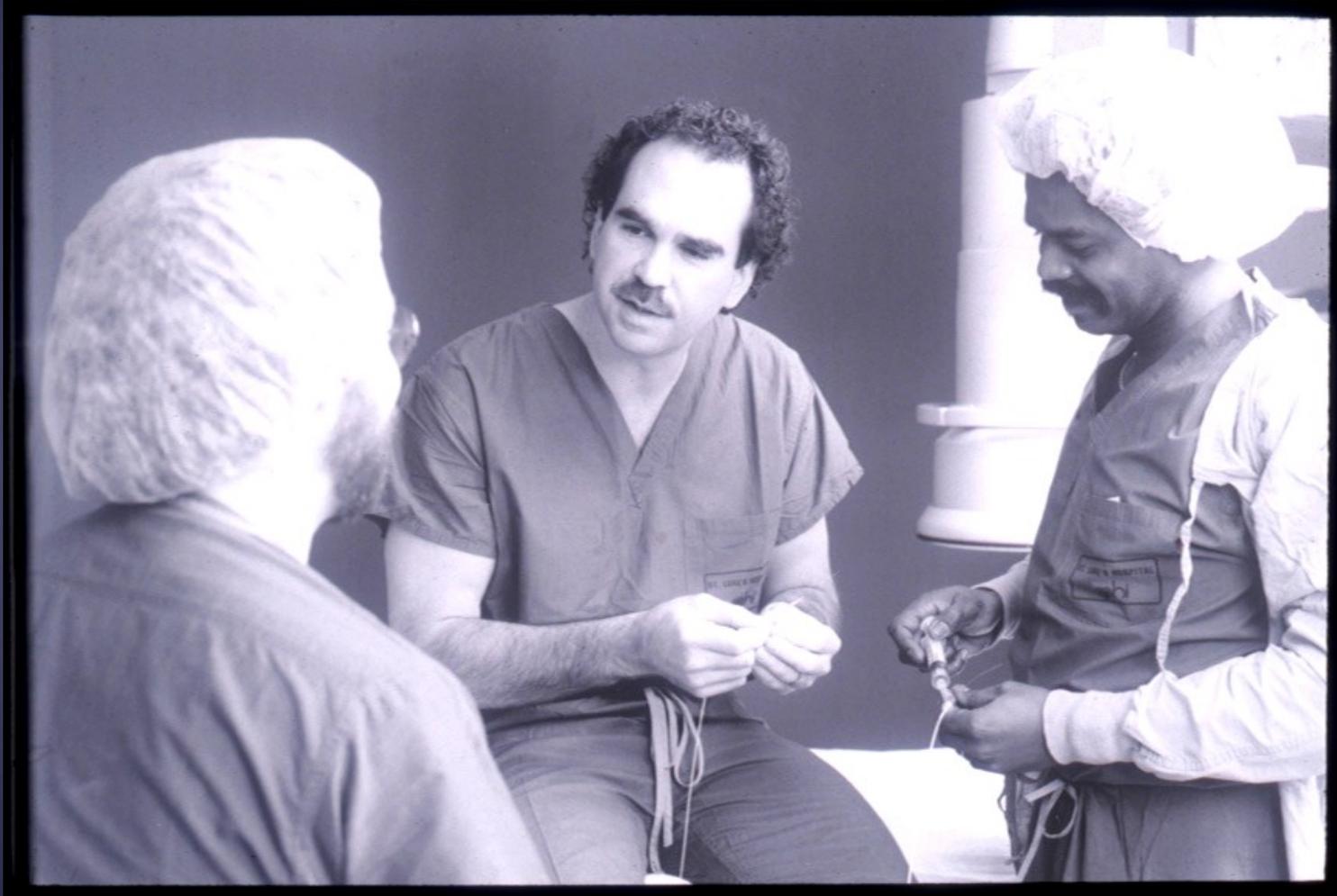
- **Primary PCI**
 - **Aspiration, manual thrombectomy and distal protection devices**
 - **Choice of stent**
 - **Pharmacotherapy, including IC GP IIb/IIIa inhibitors**
-

Decline in Deaths from Cardiovascular Disease in Relation to Scientific Advances



Geoffrey Hartzler, M.D.

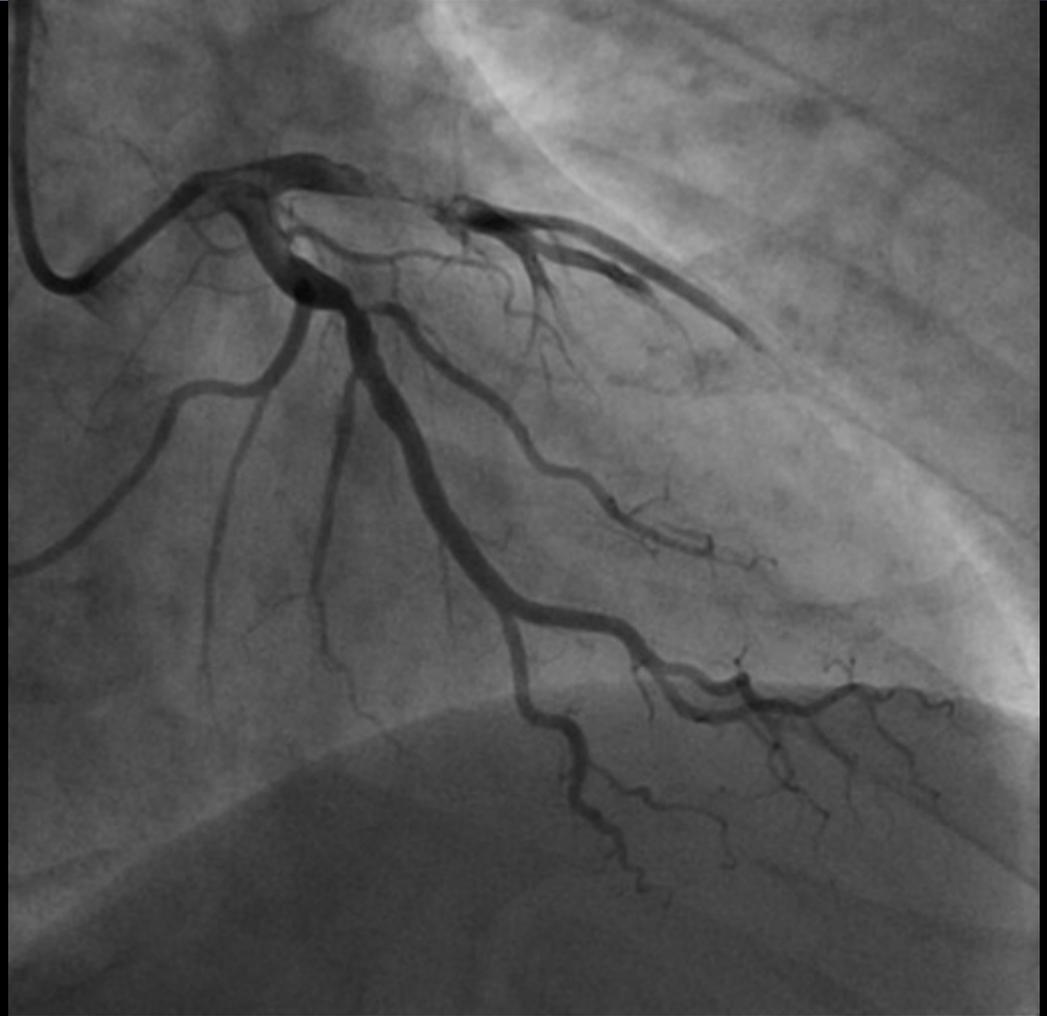
First Primary Angioplasty in AMI, 1979



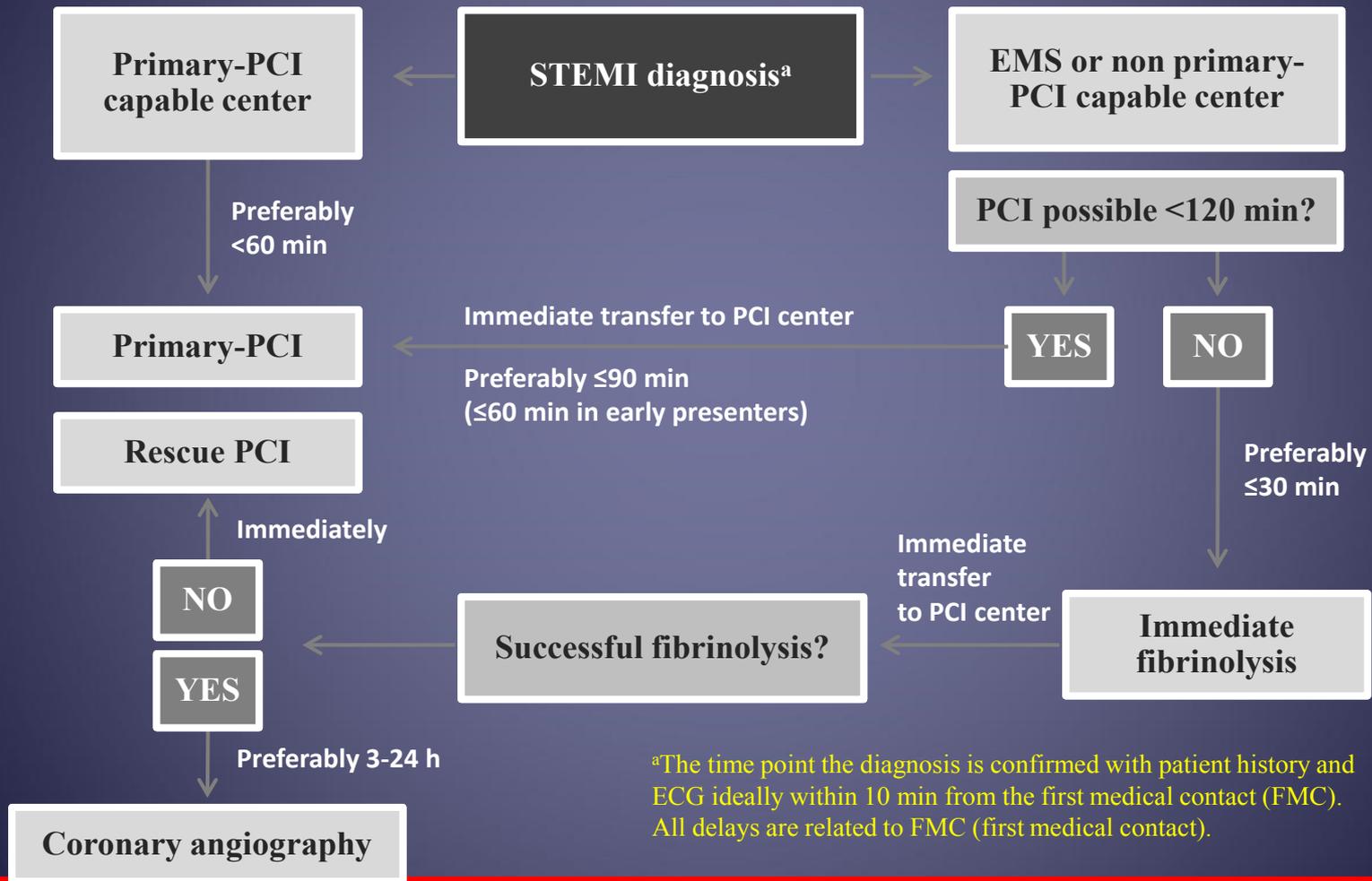
1946 - 2012

The Goal of Primary PCI in STEMI

- Restore flow in the culprit artery and optimize myocardial perfusion (by angio and EKG criteria)
- Preserve LV function.
- Reduce MI complications
- Reduce mortality.



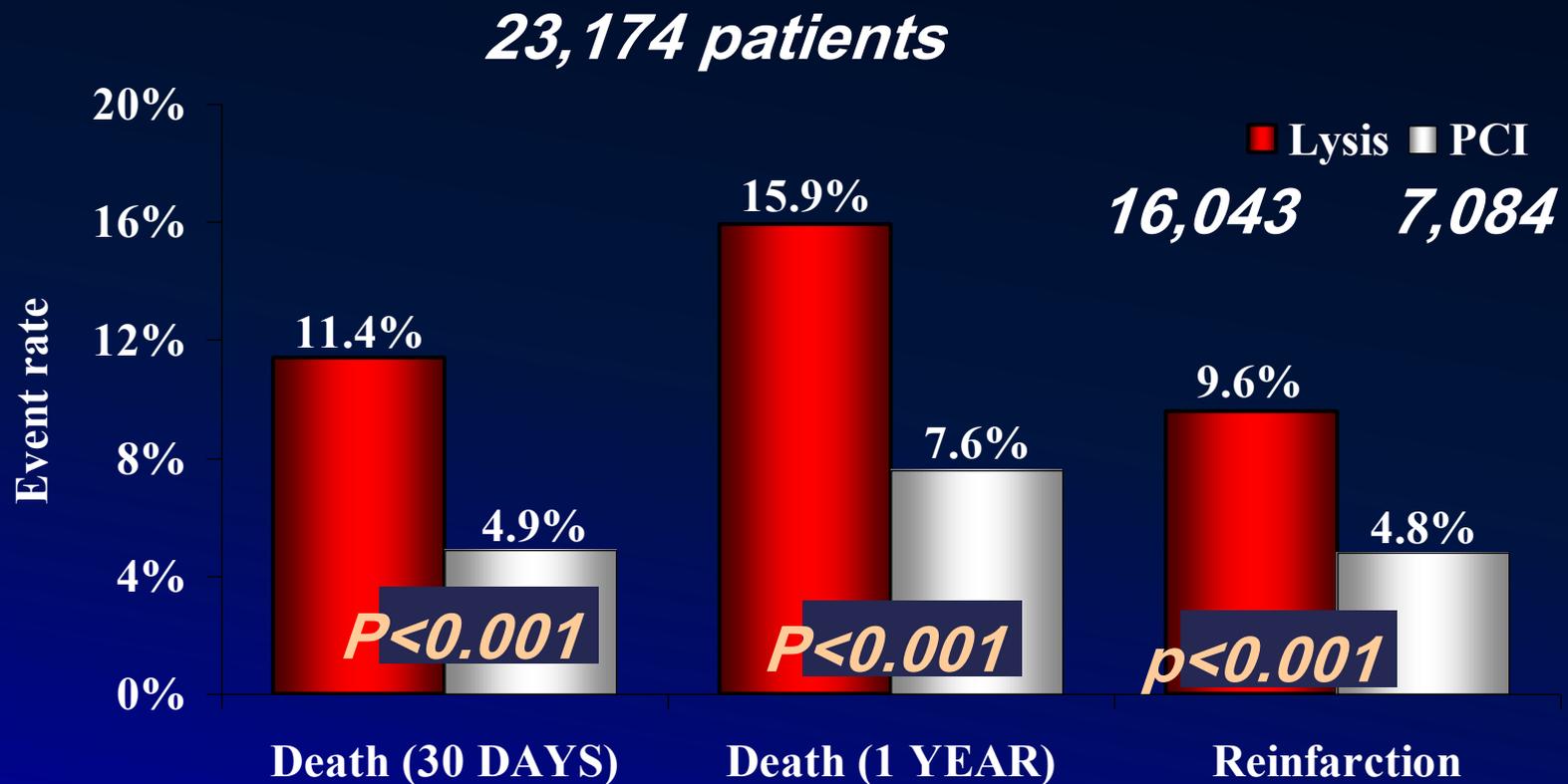
Prehospital and In-Hospital Management and Reperfusion Strategies



^aThe time point the diagnosis is confirmed with patient history and ECG ideally within 10 min from the first medical contact (FMC). All delays are related to FMC (first medical contact).

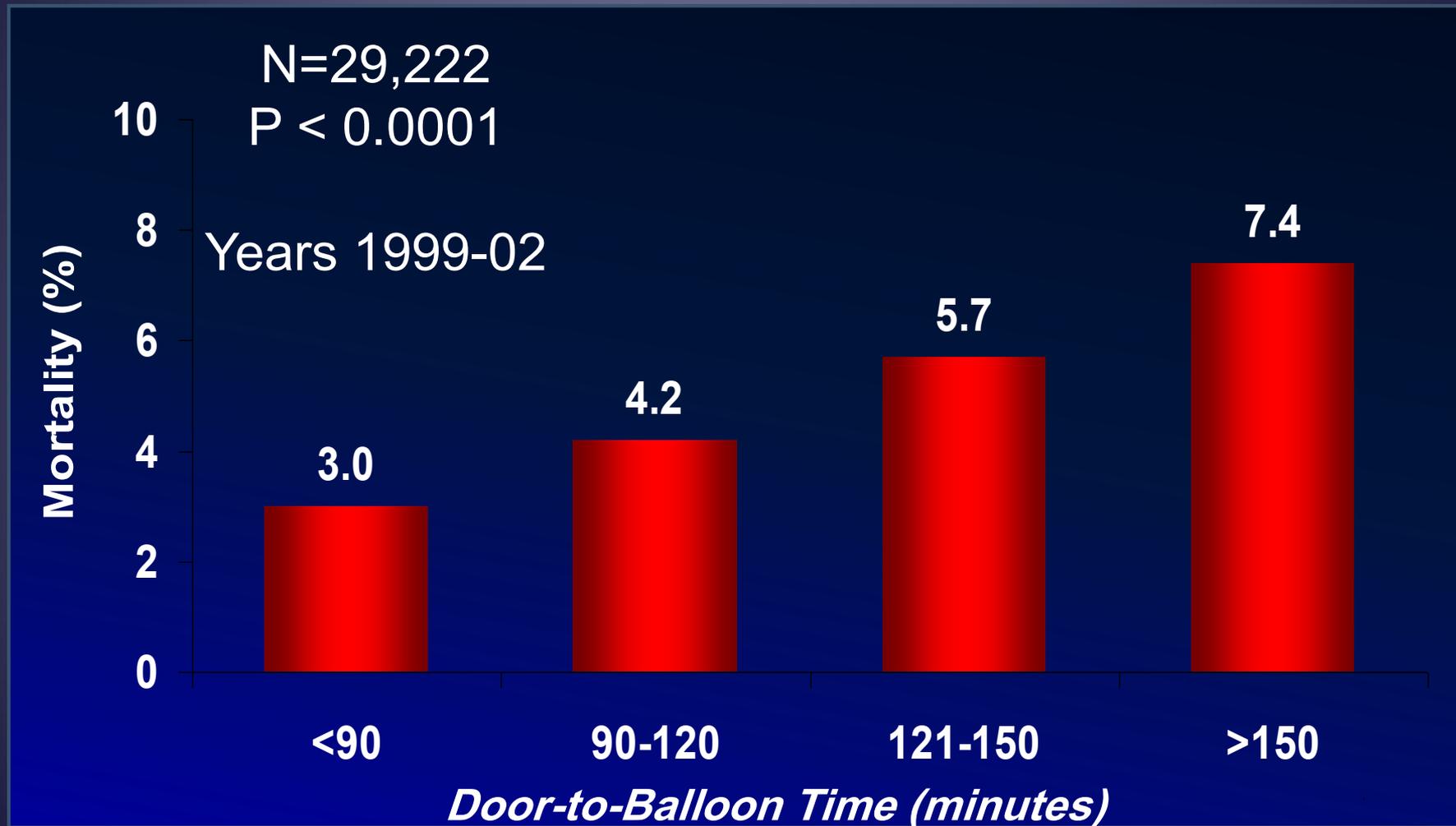
Cath = catheterization laboratory; EMS = emergency medical system; FMC = first medical contact; PCI = percutaneous coronary intervention; STEMI = ST-segment elevation myocardial infarction

Primary PCI versus Thrombolytics Swedish Heart Intensive Care Registry (RIKS-HIA)



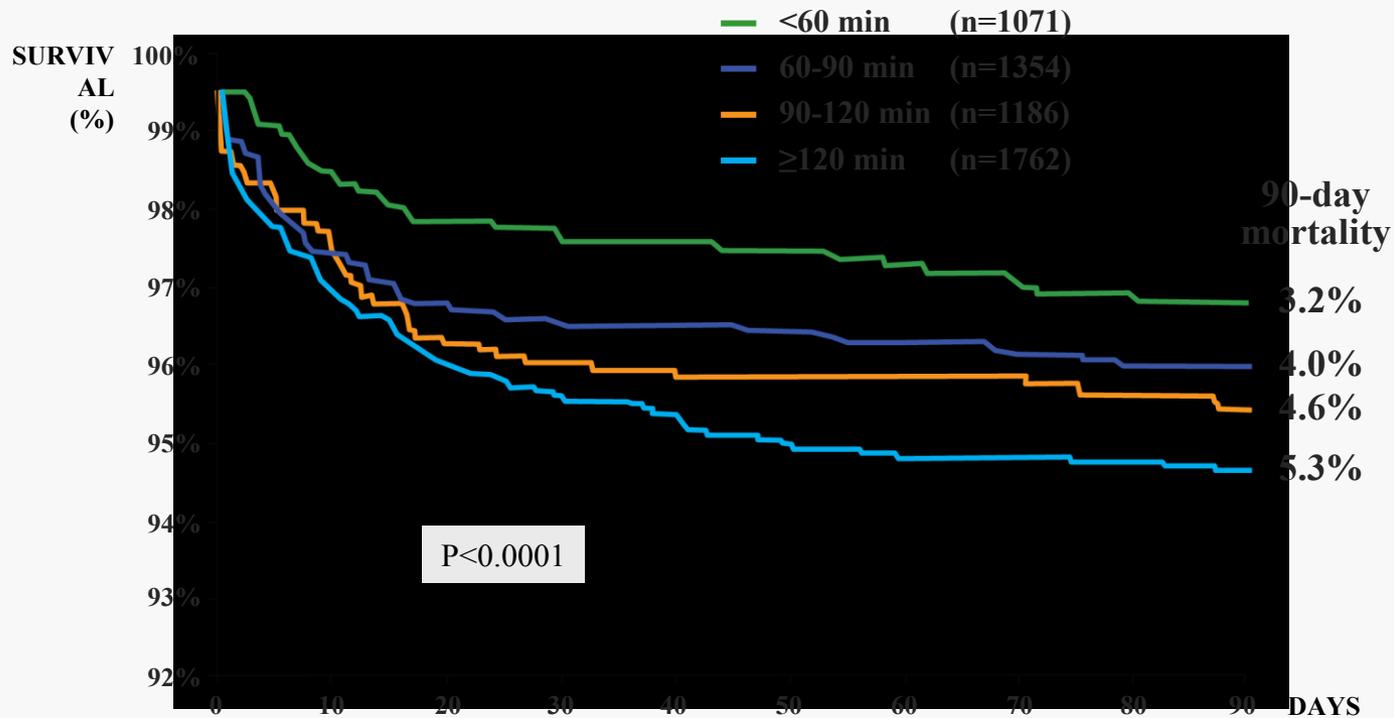
NRMI-3-4: Primary PCI

Door-to-Balloon Time vs. Mortality



Impact of Delay to Primary PCI

90 DAY MORTALITY RELATED TO DOOR-TO-BALLOON TIME



Do whatever it takes to reduce time from symptom onset to ER arrival and time from ER arrival to PCI!



↑ Public awareness of MI Sx

Chest pain centers of excellence with lower DBTs and excellent outcomes

Regional coordination

Ambulance ECG telemetry

Ambulance/ER CCL activation

ICs sleep in hospital

Continual QI

ESC STEMI guidelines 2012

Primary PCI is the recommended reperfusion therapy over fibrinolysis if performed by an experienced team within 120 min of FMC.

I

A

Primary PCI-capable centres must deliver a 24/7 service and be able to start primary PCI as soon as possible but always within 60 min from the initial call.

I

B

All hospitals and EMSs participating in the care of patients with STEMI must record and monitor delay times and work to achieve and maintain the following quality targets:

- first medical contact to first ECG ≤ 10 min;
- first medical contact to reperfusion therapy;
- for fibrinolysis ≤ 30 min;
- for primary PCI ≤ 90 min (≤ 60 min if the patient presents within 120 min of symptom onset or directly to a PCI-capable hospital).

I

B

AHA/ACC GL - Primary PCI of the Infarct Artery



Primary PCI should be performed in patients within 12 hours of onset of STEMI.



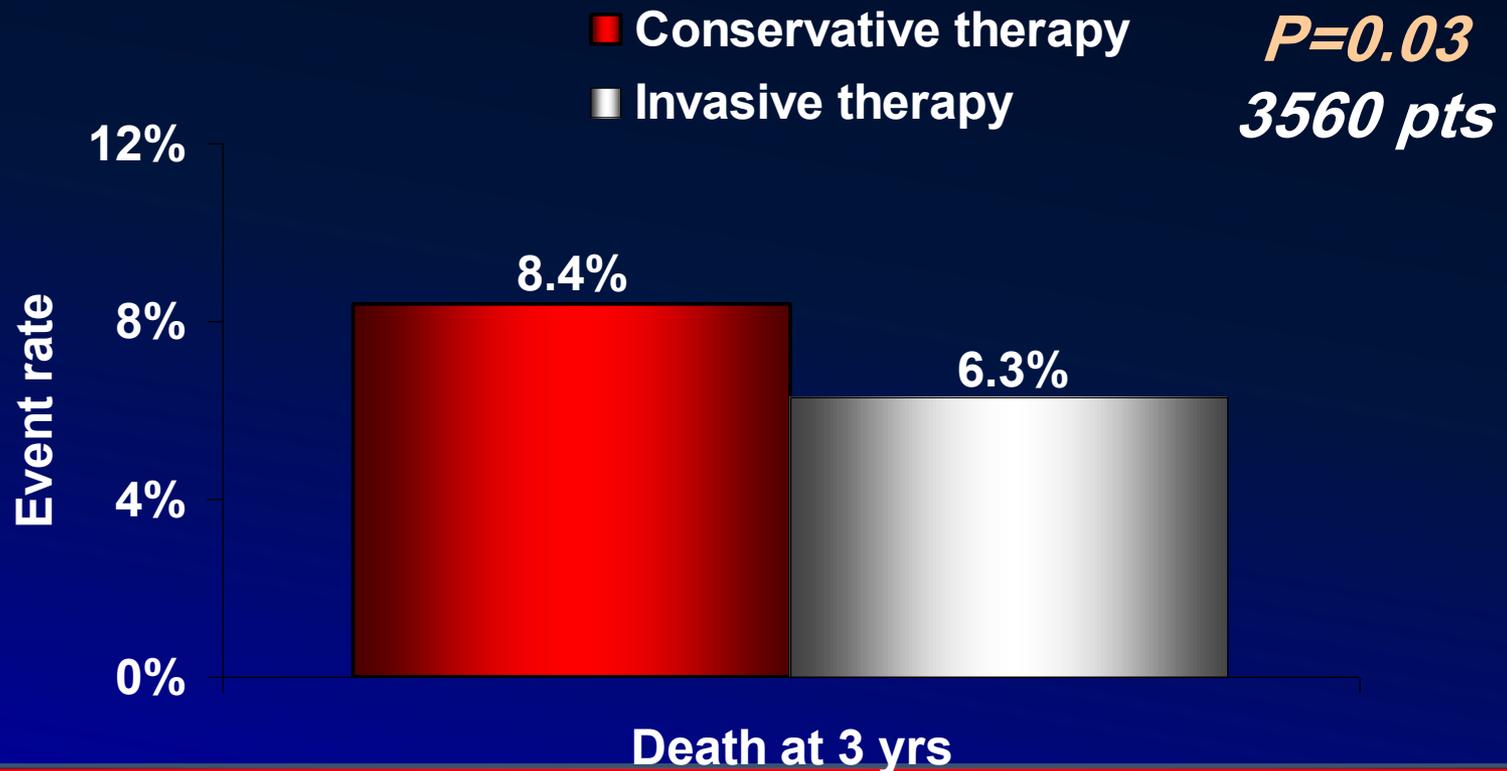
Primary PCI should be performed in patients with STEMI presenting to a hospital with PCI capability within 90 minutes of first medical contact as a systems goal.



Primary PCI should be performed in patients with STEMI who develop severe CHF or cardiogenic shock and are suitable candidates for revascularization as soon as possible, irrespective of time delay

Survival Benefits in Patients Undergoing Late PCI of the Infarct-Related Artery

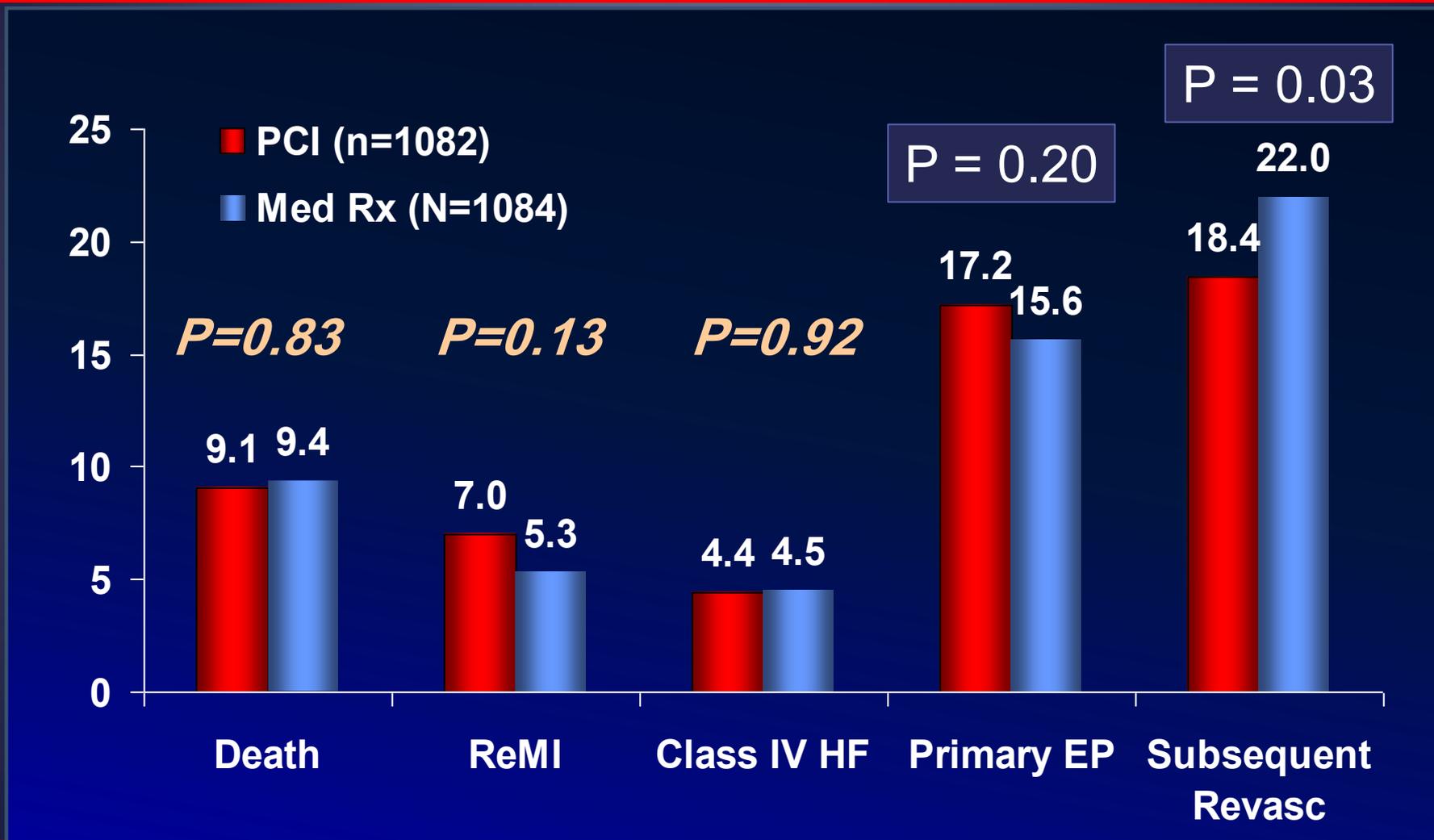
Meta-analysis of randomized trials



Abbate et al. J Am Coll Cardiol, 2008; 51:956-964

OAT: The Occluded Artery Trial

Adverse events at 4 Years



ACC/AHA GL - Primary PCI for STEMI Late Presentations

It is reasonable to perform primary PCI for patients with onset of symptoms within the prior **12-24** hours and ≥ 1 of the following



a. Severe CHF

b. Hemodynamic or electrical instability

c. Persistent ischemic symptoms

Mortality and complications are higher in patients presenting late
PCI is more challenging - Higher rate of no reflow, Organized thrombus

The NEW ENGLAND
JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

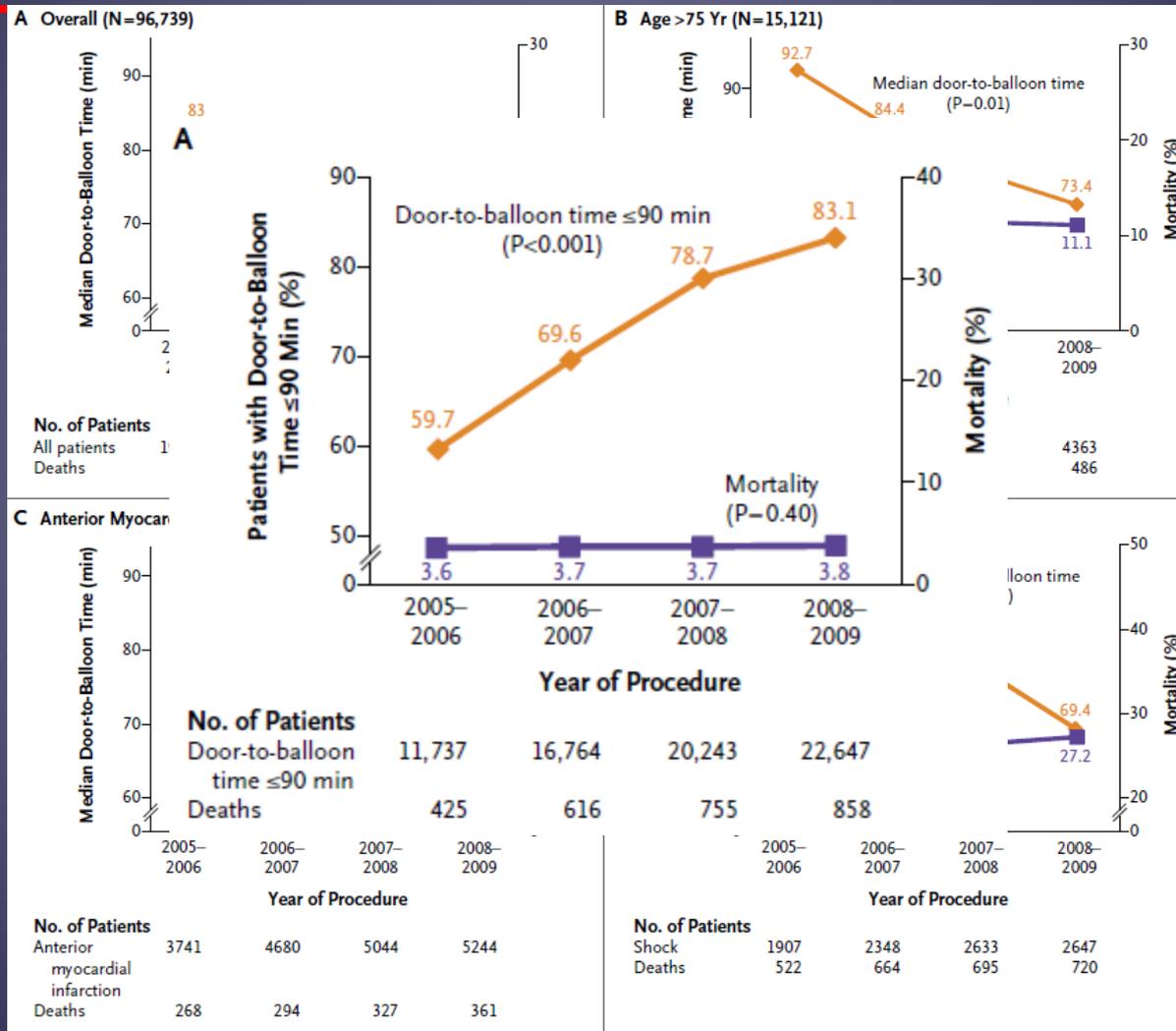
SEPTEMBER 5, 2013

VOL. 369 NO. 10

Door-to-Balloon Time and Mortality among Patients
Undergoing Primary PCI

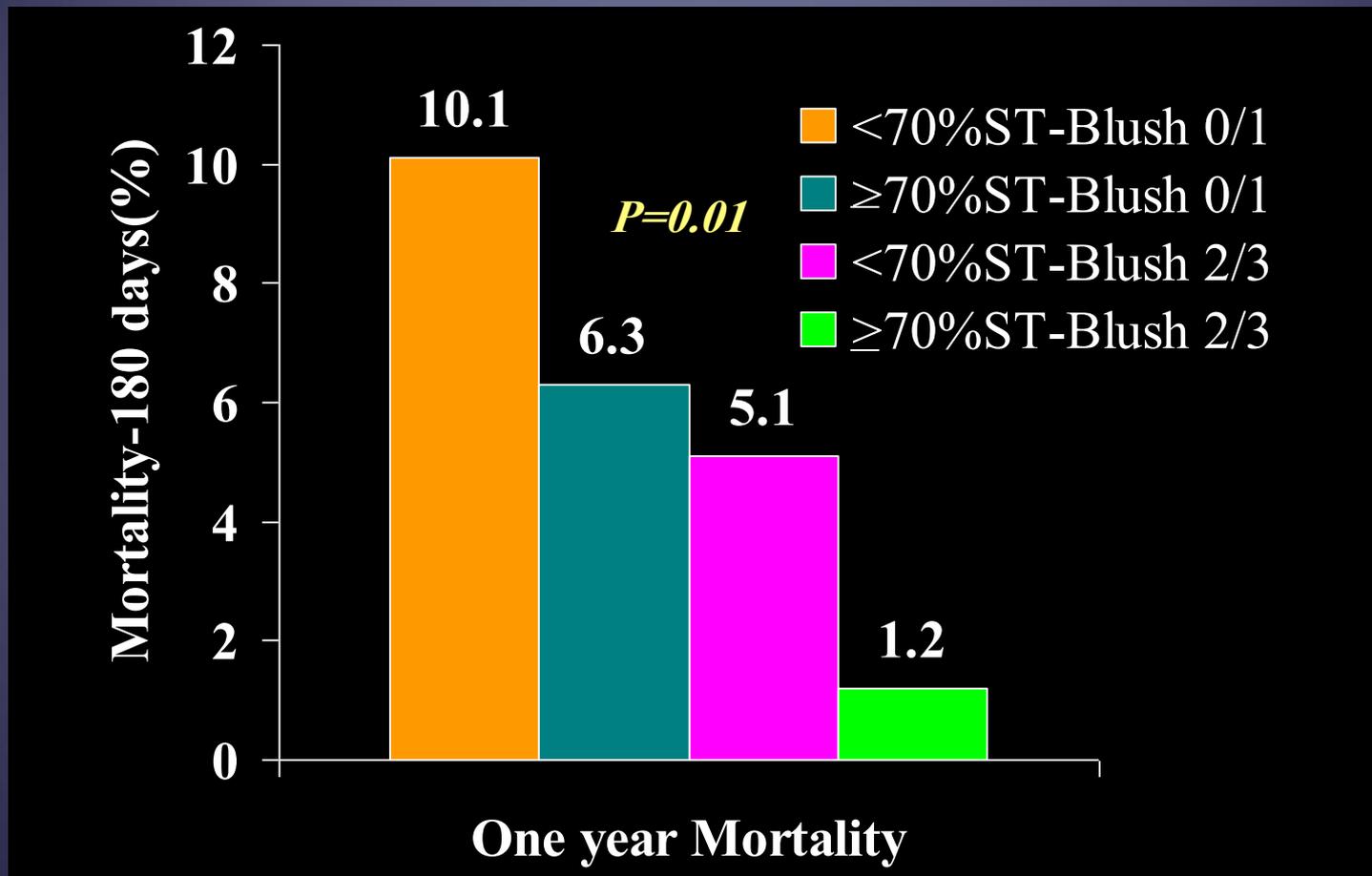
Daniel S. Menees, M.D., Eric D. Peterson, M.D., Yongfei Wang, M.S., Jephtha P. Curtis, M.D., John C. Messenger, M.D.,
John S. Rumsfeld, M.D., Ph.D., and Hitinder S. Gurm, M.B., B.S.

96738 patients with STEMI undergoing PCI 2005-9 participating in the Cath-PCI registry



Markers of myocardial perfusion - ST Resolution and Myocardial Blush in STEMI

Sub-Analysis of the CADILLAC Trial (N=456)



Impact of Macroscopic Distal Emboli

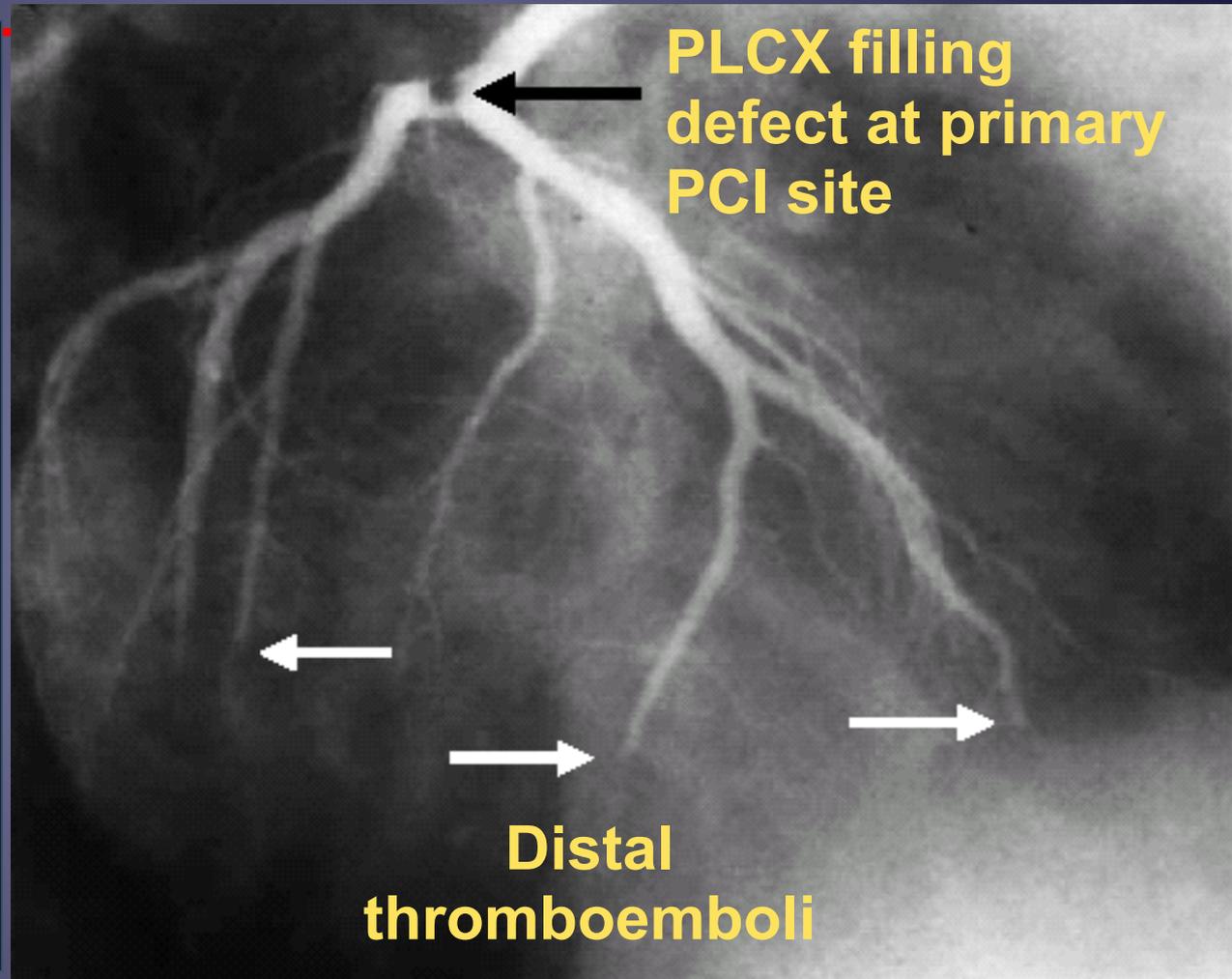
DE occurred in 27
of 178 (15%) pts
after primary PTCA

⇒

↓ ST res

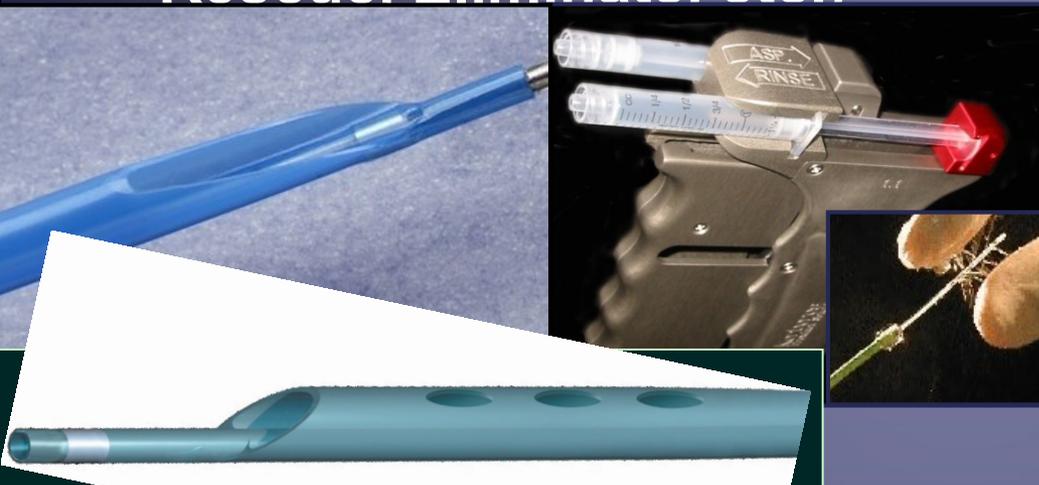
↑ Infarct size

↑ Mortality



Mechanical Approaches to Thrombus

Thrombus aspiration
(Rinspirator, Pronto, Export,
Rescue, Eliminate, etc.)



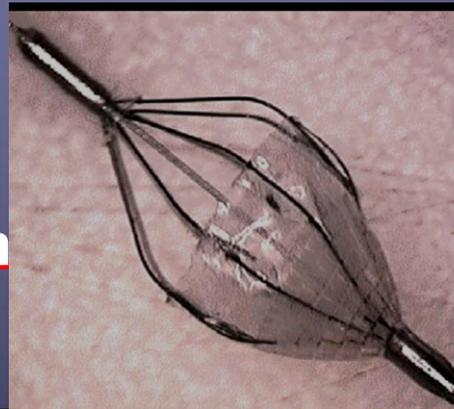
Thrombectomy
(AngioJet, X-Sizer)



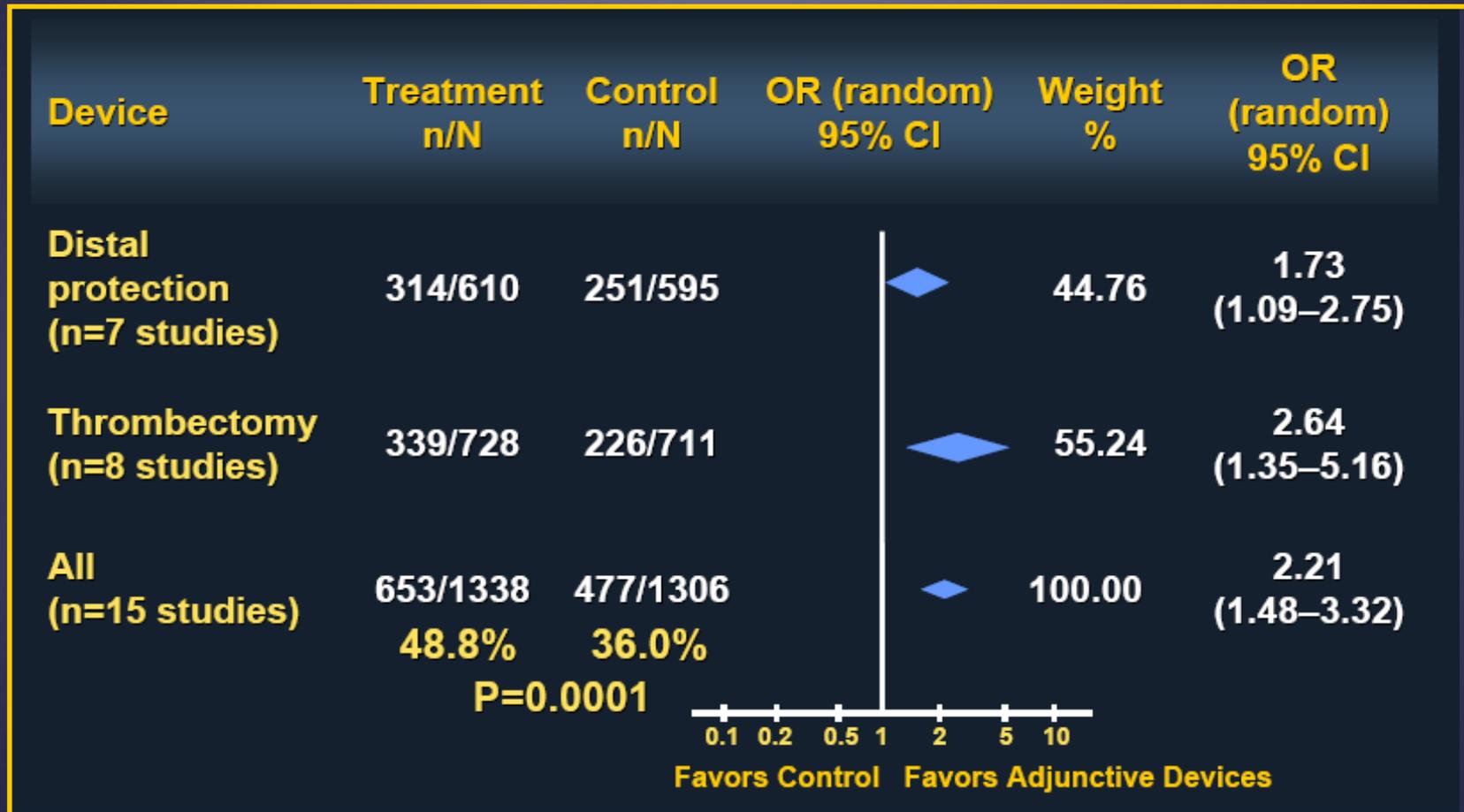
Distal protection (GuardWire, FilterWire, AngioGuard, etc.)



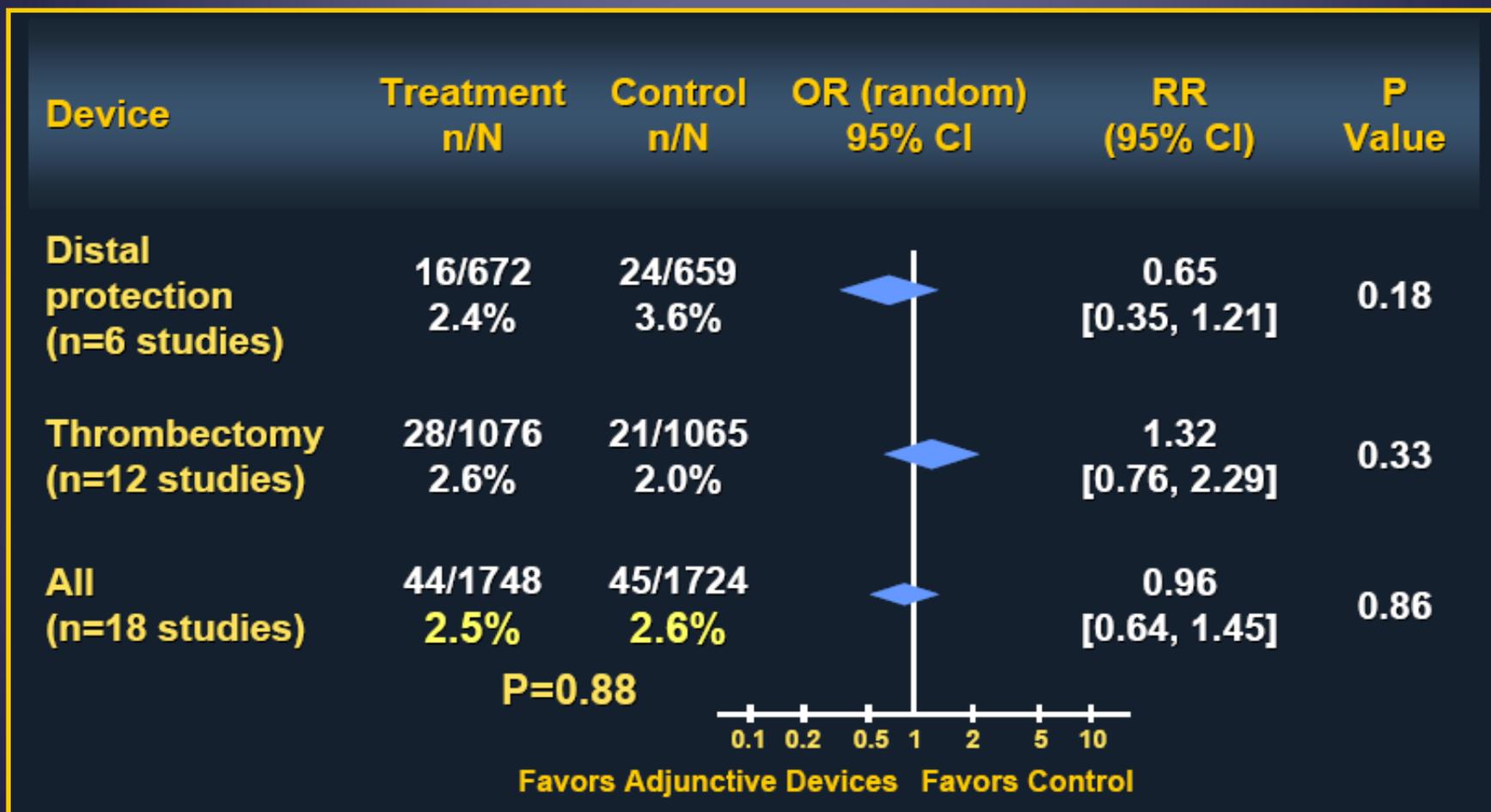
FilterWire, An



Manual thrombectomy and distal embolic protection devices : Myocardial Blush



Manual thrombectomy and distal embolic protection devices : 30 day mortality

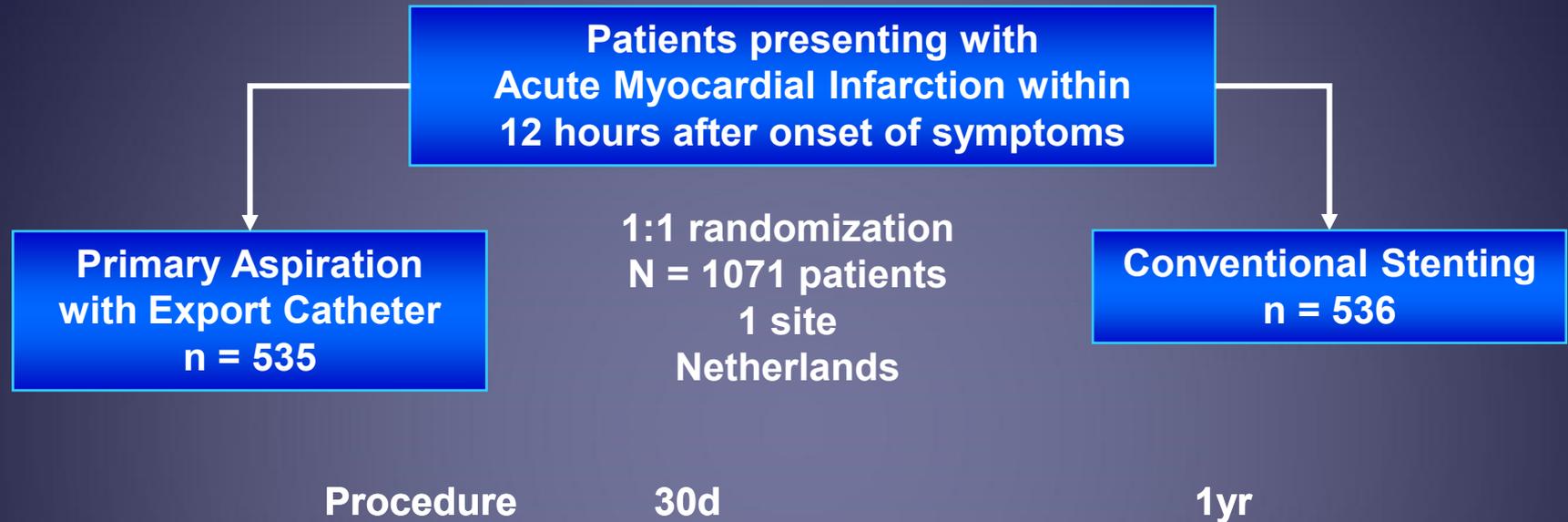


THROMBUS ASPIRATION



TAPAS Study overview

Randomized, Open Label, Single Center Trial



Primary Endpoint:

- Myocardial Blush Grade of 0 or 1

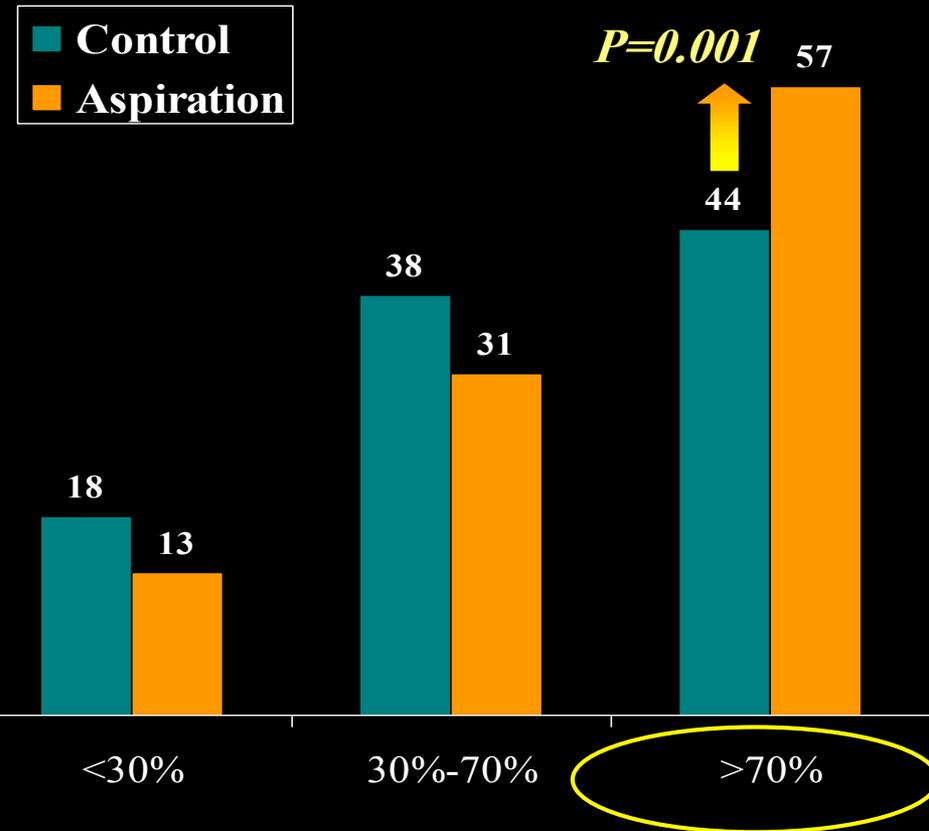
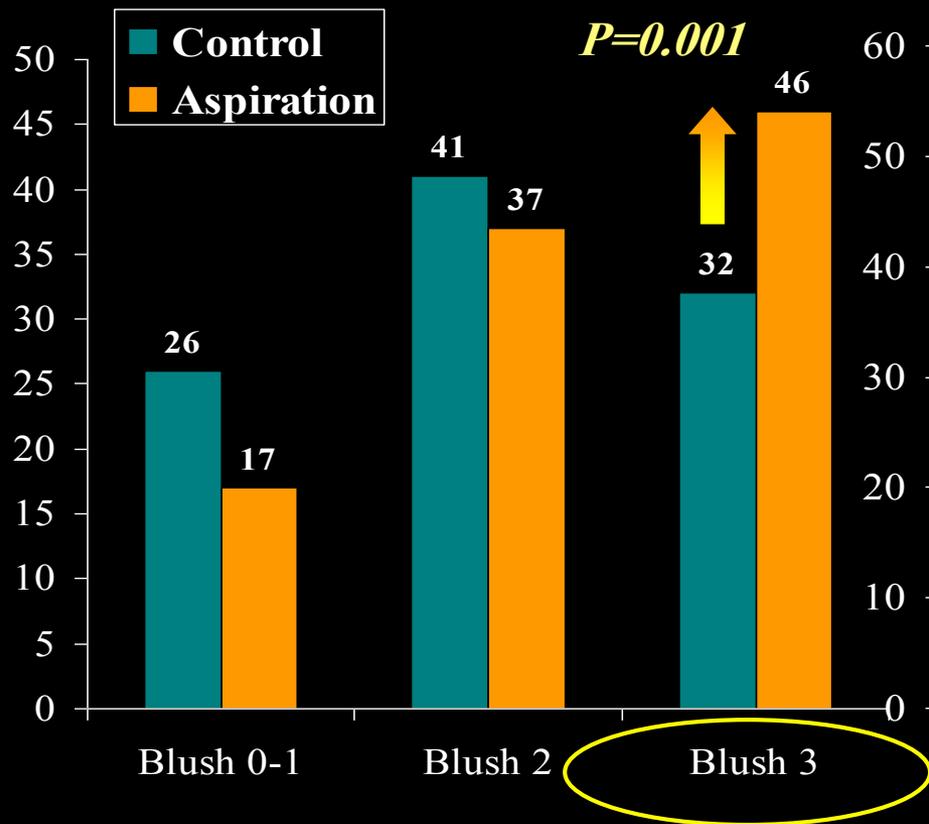
Secondary Endpoints:

- TIMI 3 flow
- Complete resolution of ST-segment elevation
- Absence of persistent ST-segment deviation,
- Reinfarction, death, and MACE at 30 days.

TAPAS study

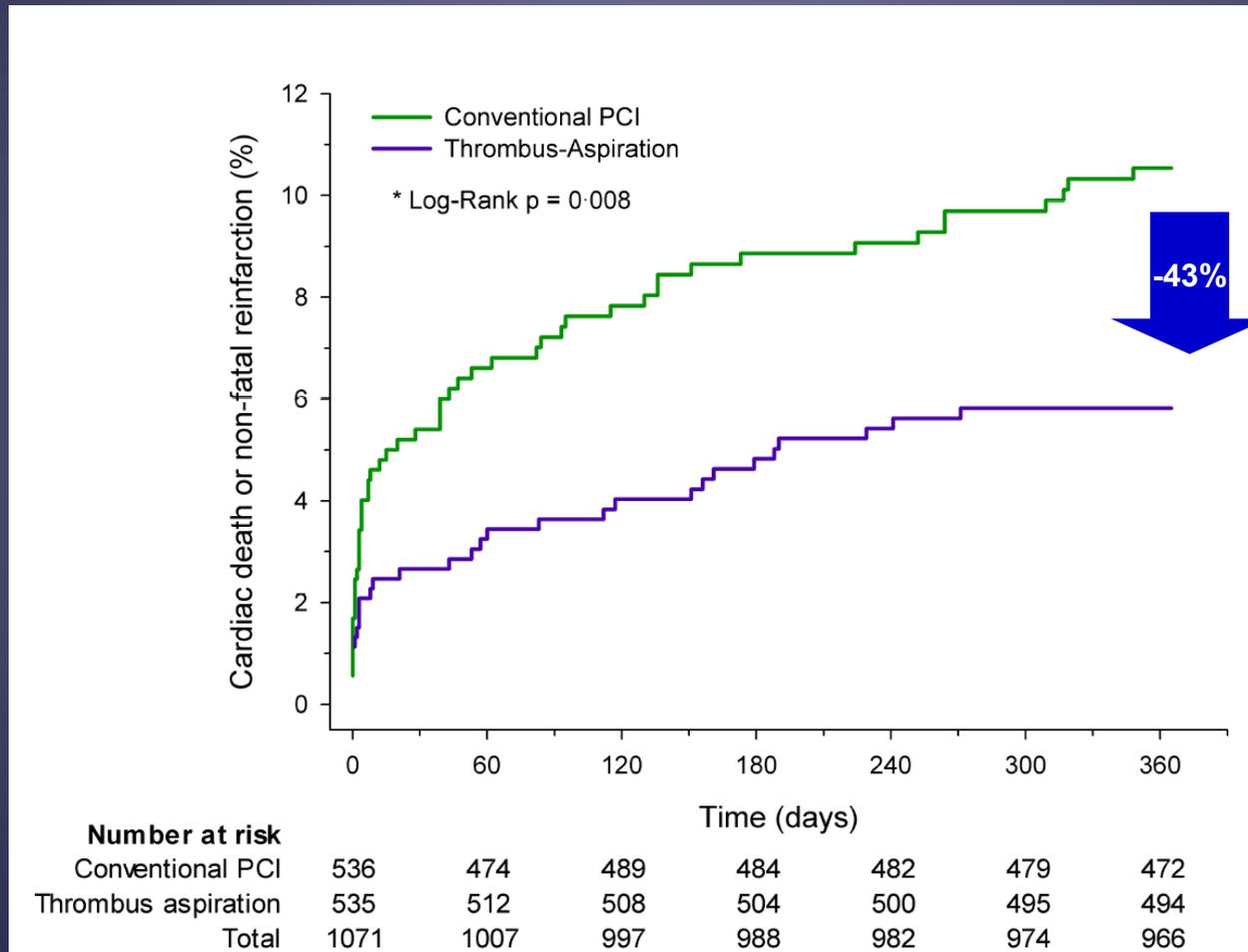
Blush score

ST Resolution @60 min



TAPAS Study: Clinical Events

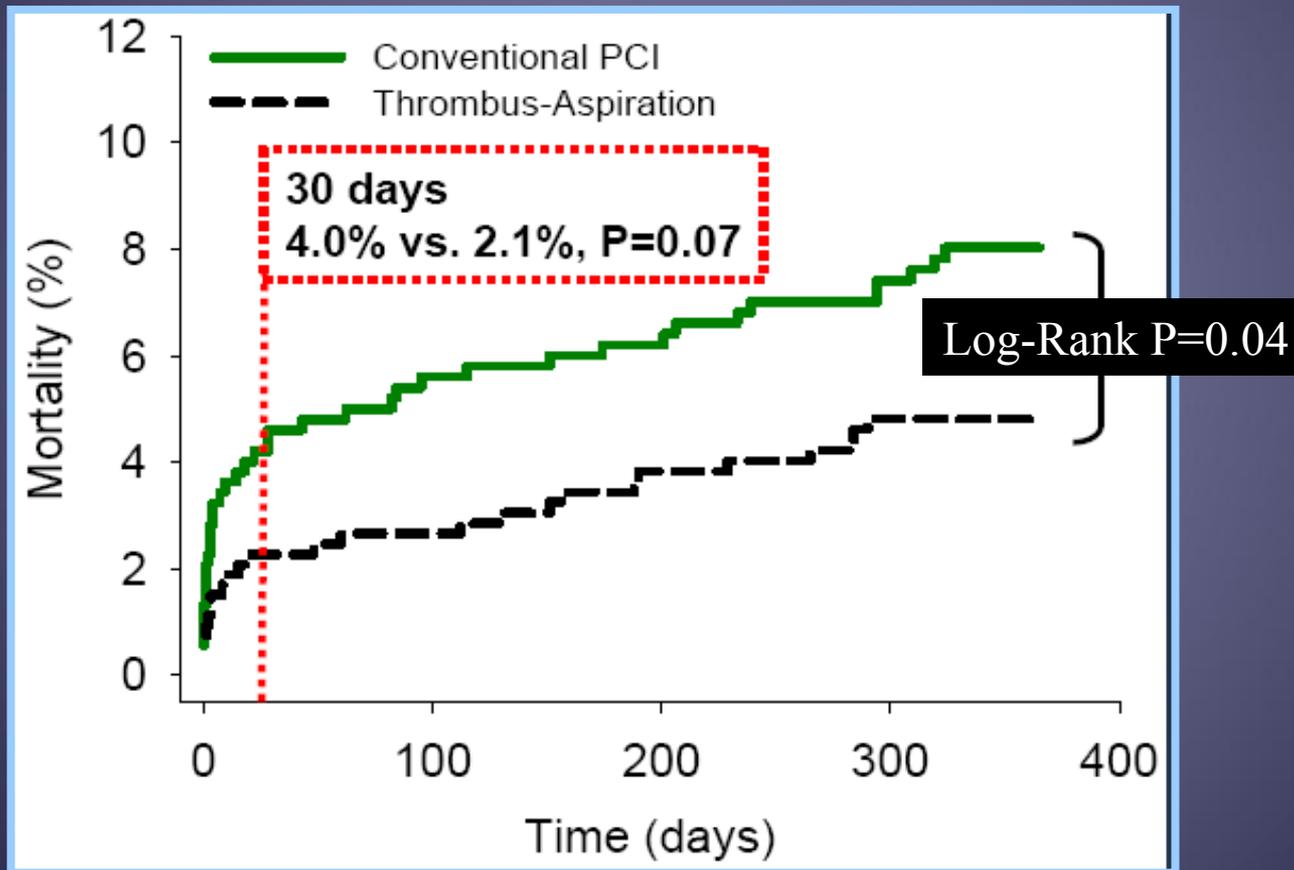
Sig. reduction of cardiac death or non-fatal MI in Aspiration Group at 1 year



Vlaar et al (TAPAS): a 1-year follow-up study, Lancet 2008; 371: 2008; 1915-20

TAPAS Study: Clinical Events

Mortality



INFUSE-AMI Trial

452 pts with anterior STEMI

Anticipated Sx to PCI <5 hrs, TIMI 0-2 flow in prox or mid LAD

Primary PCI with bivalirudin anticoagulation

Pre-loaded with aspirin and
clopidogrel 600 mg or prasugrel 60 mg

Stratified by symptoms to angio <3 vs ≥3 hrs,
and prox vs mid LAD occlusion

R
1:1

Manual aspiration

No aspiration

R
1:1

IC Abcx

No Abcx

R
1:1

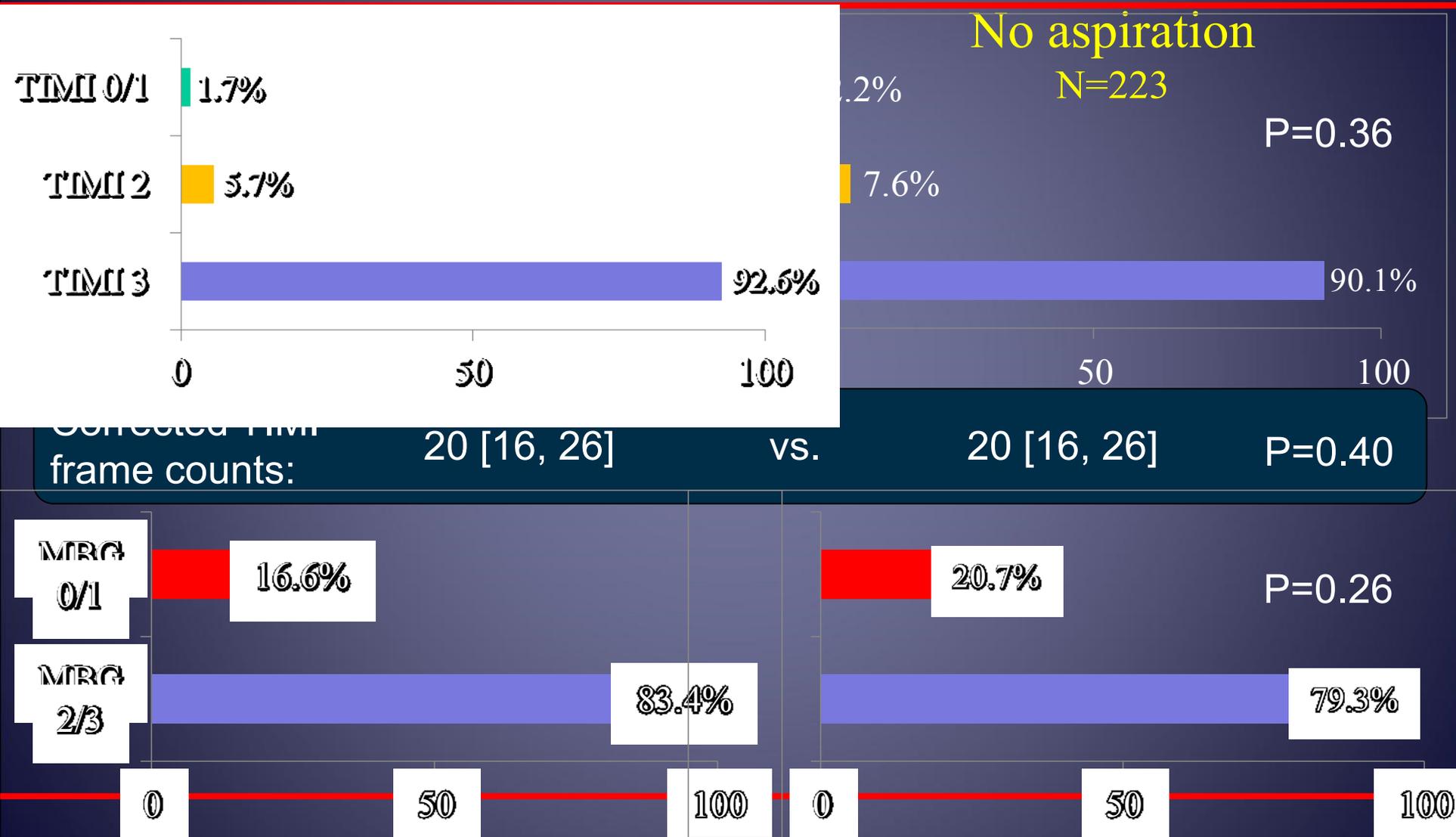
IC Abcx

No Abcx

Primary endpoint: Infarct size at 30 days (cMRI)

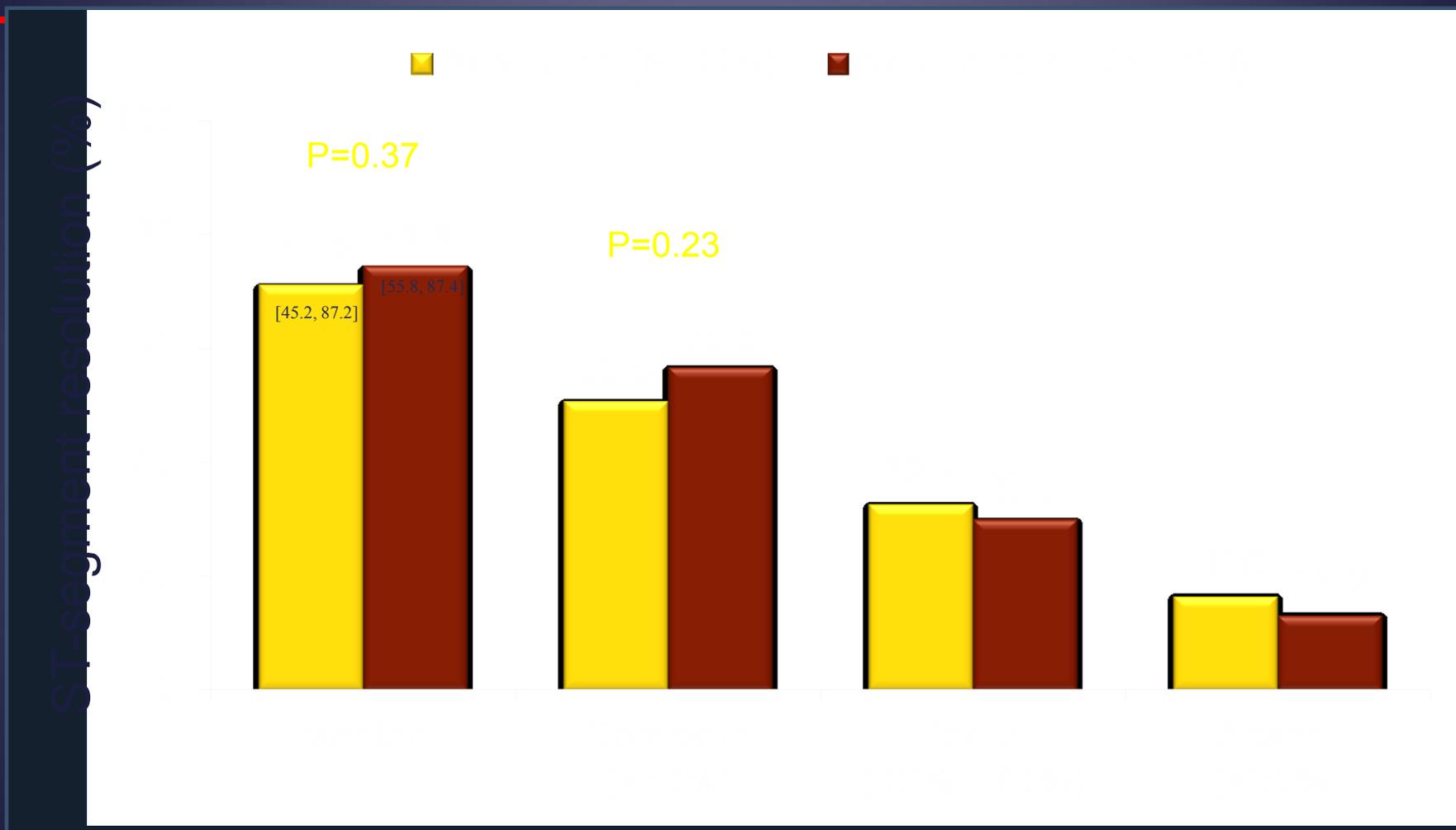
2° endpoints: TIMI flow, blush, ST-resolution, MACE (30d, 1 yr)

INFUSE-AMI: Reperfusion post-PCI*



*Core laboratory assessed

INFUSE-AMI: STR 60 minutes post-PCI*

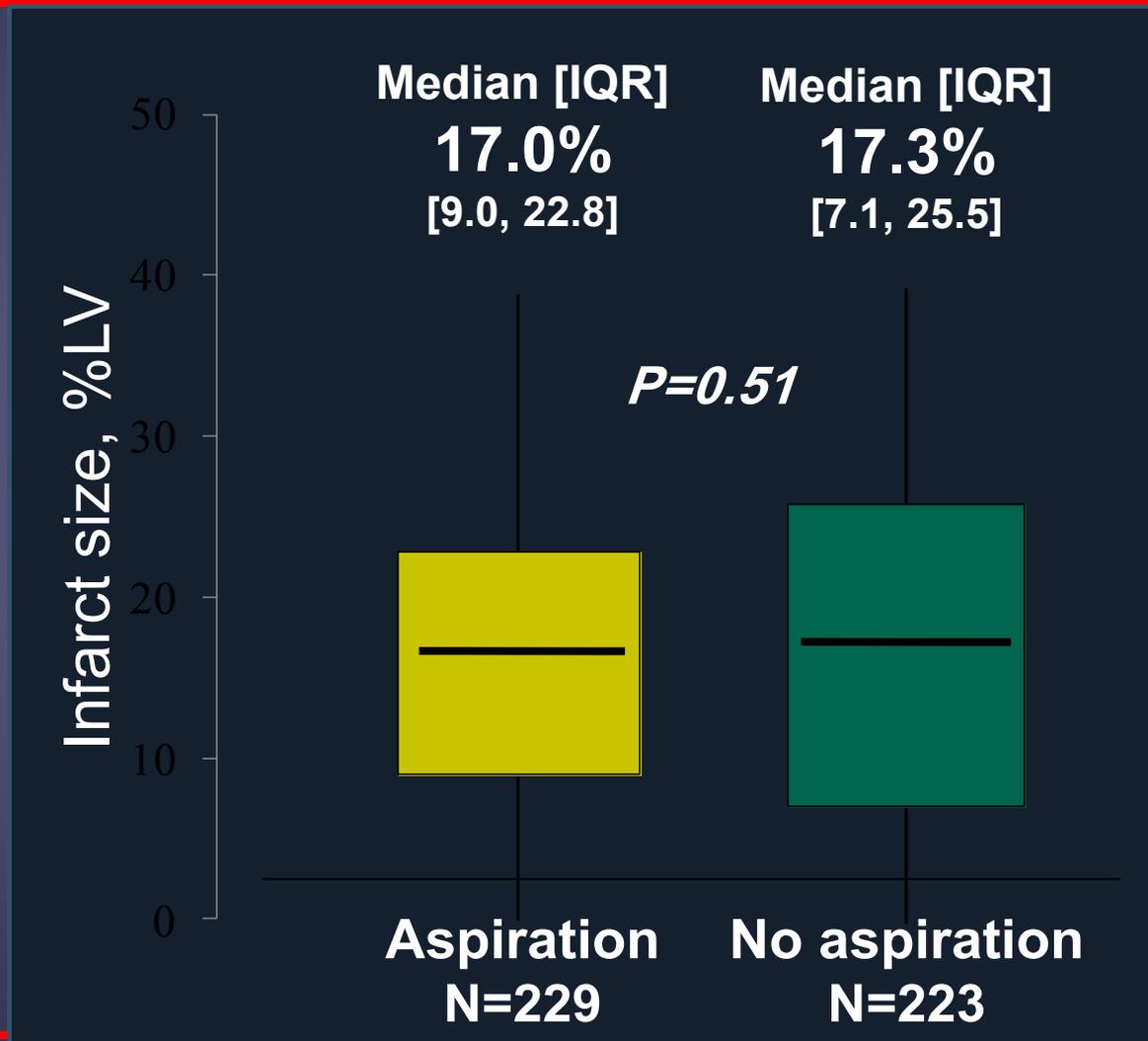


*Core laboratory assessed

Infuse-AMI, Stone G et al, JAMA 2012

INFUSE-AMI: Infarct size at 30 days*

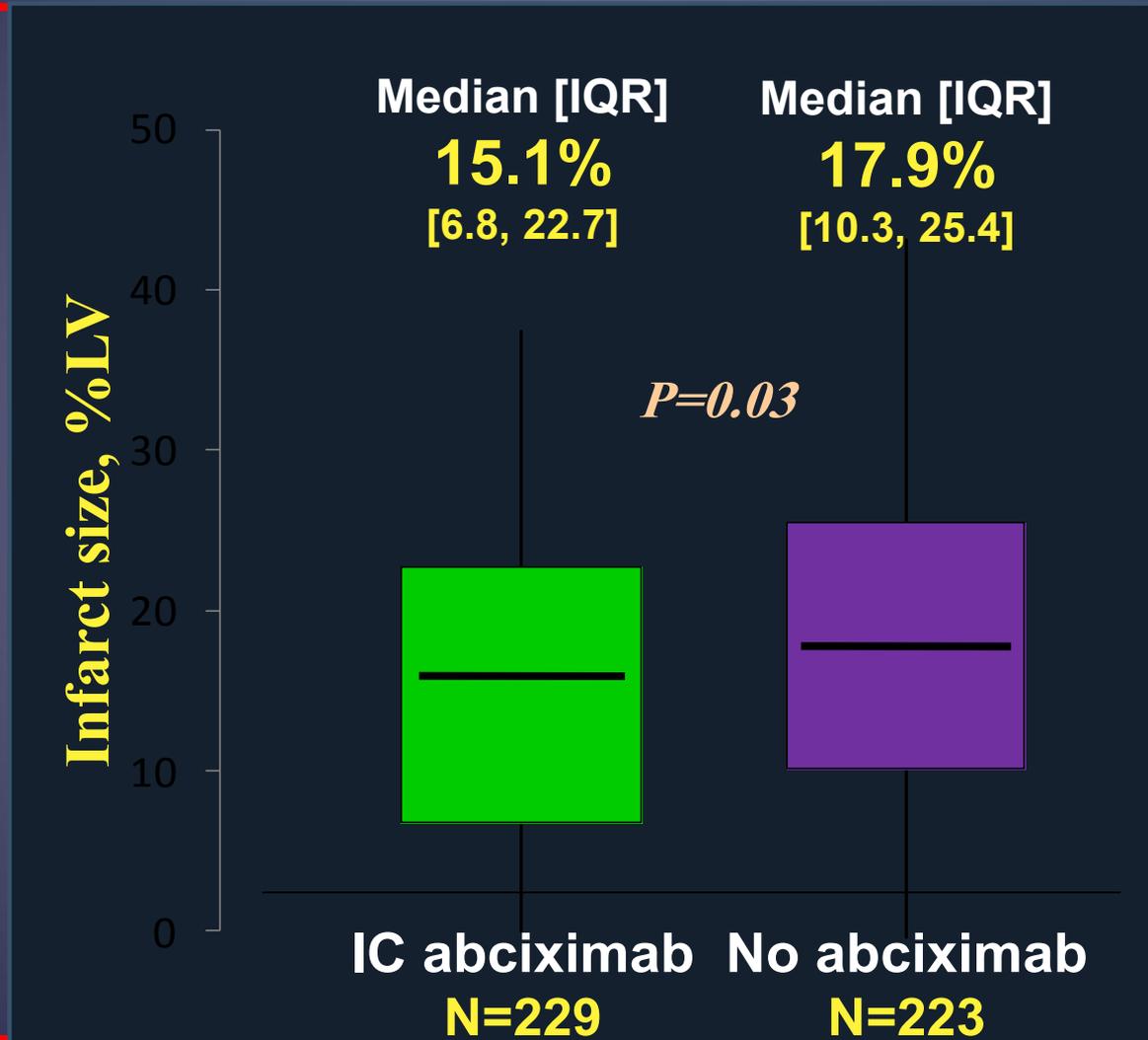
- Major secondary endpoint -



*Core laboratory assessed. No interaction was present between the 2 randomization groups for the primary 30-day infarct size endpoint (p=0.46)

INFUSE-AMI: Infarct size at 30 days

Effect of IC abciximab via Clearway RX



*Core laboratory assessed

Stone GW et al. JAMA 2012;307:0n-line

Updated aspiration meta-analysis

- **Aspiration thrombectomy vs. conventional PPCI (18 trials, n=3,936):**
- **ST-segment resolution** at 60 minutes (RR=1.31; 95% CI 1.16-1.48; $p<0.0001$) and **TIMI blush grade 3** post-PCI (RR=1.37; 95% CI 1.19-1.59; $p<0.0001$) **were both improved by aspiration**
- **MACE:** RR = 0.76; 95% CI 0.63-0.92; $p=0.006$ with aspiration
- **All-cause mortality** (RR=0.71, 95% CI 0.51-0.99; $p=0.049$) - significantly reduced with aspiration
- Final infarct size ($p=0.64$) and ejection fraction ($p=0.32$) at 1 month were similar.

TASTE Trial

The NEW ENGLAND JOURNAL of MEDICINE

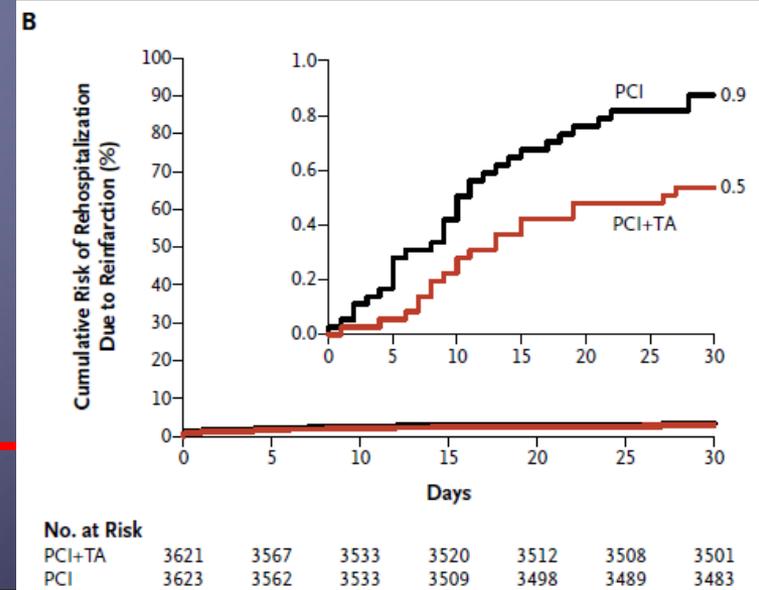
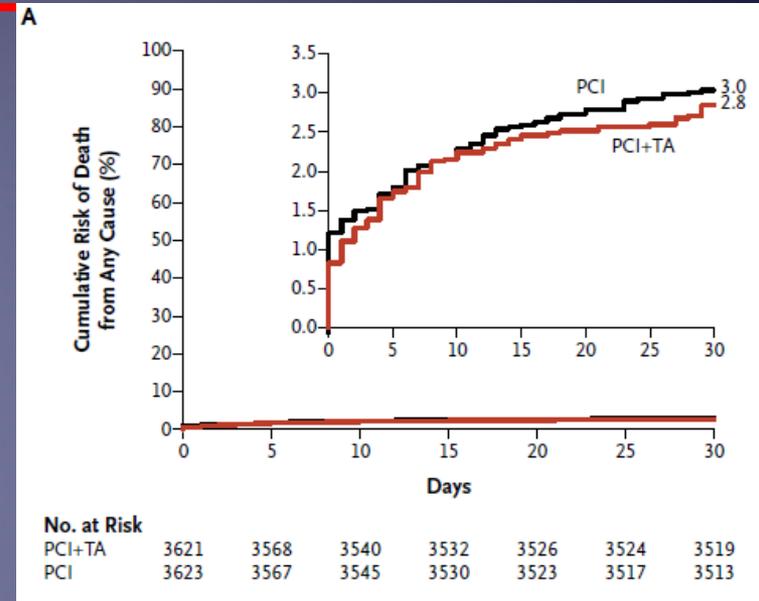
ORIGINAL ARTICLE

Thrombus Aspiration during ST-Segment Elevation Myocardial Infarction

Ole Fröbert, M.D., Ph.D., Bo Lagerqvist, M.D., Ph.D., Göran K. Olivecrona, M.D., Ph.D.,
Elmir Omerovic, M.D., Ph.D., Thorarinn Gudnason, M.D., Ph.D.,
Michael Maeng, M.D., Ph.D., Mikael Aasa, M.D., Ph.D., Oskar Angerås, M.D.,
Fredrik Calais, M.D., Mikael Danielewicz, M.D., David Erlinge, M.D., Ph.D.,
Lars Hellsten, M.D., Ulf Jensen, M.D., Ph.D., Agneta C. Johansson, M.D.,
Amra Kåregren, M.D., Johan Nilsson, M.D., Ph.D., Lotta Robertson, M.D.,
Lennart Sandhall, M.D., Iwar Sjögren, M.D., Ollie Östlund, Ph.D.,
Jan Harnek, M.D., Ph.D., and Stefan K. James, M.D., Ph.D.

TASTE Trial

- 7244 pts with STEMI undergoing PCI were randomly assigned to manual thrombus aspiration + PCI or PCI only (as part of the SCAAR registry)
- No differences in 30 day mortality (primary endpoint), trends for less rehospitalization for Re-MI (p=0.09) and for less stent thrombosis (p=0.06) with aspiration



2012 STEMI ESC Guidelines

Recommendations	Class ^a	Level ^b	Ref ^c
Indications for primary PCI			
Primary PCI is the recommended reperfusion therapy over fibrinolysis if performed by an experienced team within 120 min of FMC.	I	A	69, 99
Primary PCI is indicated for patients with severe acute heart failure or cardiogenic shock, unless the expected PCI related delay is excessive and the patient presents early after symptom onset.	I	B	100
Procedural aspects of primary PCI			
Stenting is recommended (over balloon angioplasty alone) for primary PCI.	I	A	101, 102
Primary PCI should be limited to the culprit vessel with the exception of cardiogenic shock and persistent ischaemia after PCI of the supposed culprit lesion.	IIa	B	75, 103–105
If performed by an experienced radial operator, radial access should be preferred over femoral access.	IIa	B	78, 79
If the patient has no contraindications to prolonged DAPT (indication for oral anticoagulation, or estimated high long-term bleeding risk) and is likely to be compliant, DES should be preferred over BMS.	IIa	A	80, 82, 106, 107
Routine thrombus aspiration should be considered.	IIa	B	83–85
Routine use of distal protection devices is not recommended.	III	C	86, 108
Routine use of IABP (in patients without shock) is not recommended.	III	A	97, 98

2011 STEMI Update

Thrombus Aspiration During PCI for STEMI

NEW
Recommendation



*Aspiration thrombectomy
is reasonable for patients
undergoing primary PCI*

CHOICE OF STENT

Long-term (3-5 year) FU after DES vs. BMS in AMI TVR (N=6,026 pts)

<u>TVR</u>	DES	BMS	OR [95%CI]	P
DEDICATION	8.9%	19.8%	0.40 [0.25, 0.64]	<0.01
PASEO	6.1%	21.1%	0.24 [0.11, 0.54]	<0.01
STRATEGY	10.3%	26.1%	0.33 [0.14, 0.75]	0.01
SESAMI	8.3%	16.0%	0.46 [0.23, 0.92]	0.03
MISSION	8.9%	15.8%	0.54 [0.27, 1.09]	0.09
TYPHOON	11.9%	21.5%	0.49 [0.30, 0.80]	<0.01
PASSION	7.7%	10.5%	0.73 [0.42, 1.26]	0.26
HORIZONS-AMI	12.5%	17.7%	0.67 [0.53-0.84]	0.001
META-ANALYSIS			0.50 [0.40-0.64]	<0.001

Long-term (3-5 year) FU after DES vs. BMS in AMI

Stent thrombosis (N=6,026 pts)

<u>Stent thrombosis</u>	DES	BMS	OR [95%CI]	P
DEDICATION	2.9%	3.2%	0.90 [0.36, 2.24]	0.82
PASEO	1.1%	2.2%	0.49 [0.07, 3.57]	0.48
STRATEGY	6.9%	7.9%	0.86 [0.28, 2.66]	0.79
SESAMI	5.1%	5.1%	1.00 [0.37, 2.73]	1.00
MISSION	3.1%	2.0%	1.69 [0.40, 7.20]	0.48
TYPHOON	5.3%	5.5%	0.90 [0.42, 2.00]	0.83
PASSION	4.2%	3.4%	1.19 [0.52, 2.69]	0.68
HORIZONS-AMI	5.1%	4.4%	1.15 [0.77-1.72]	0.50
META-ANALYSIS			1.06 [0.81-1.39]	0.67

Long-term (3-5 year) FU after DES vs. BMS in AMI

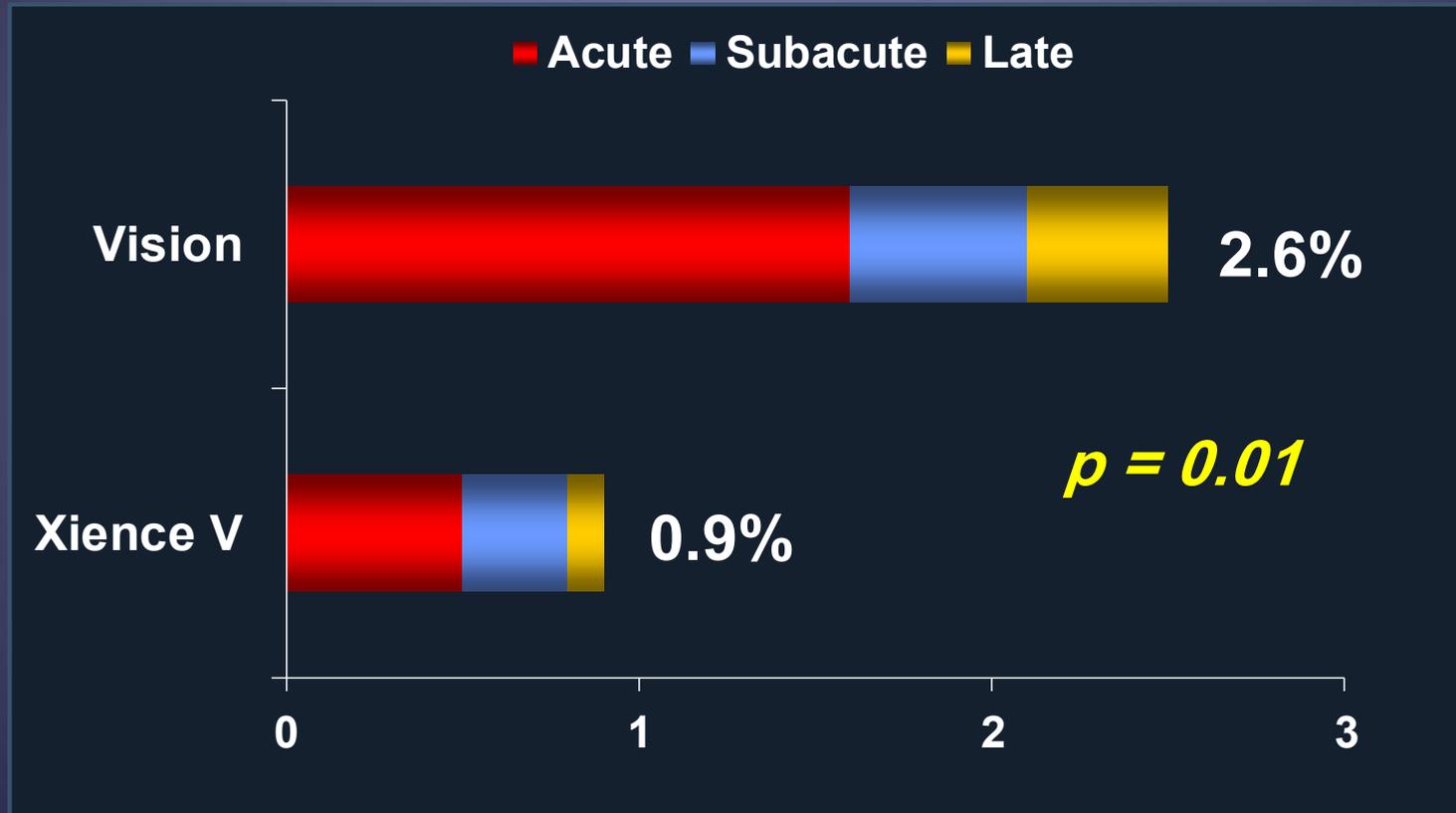
Mortality (N=6,026 pts)

<u>DEATH</u>	DES	BMS	OR [95%CI]	P
DEDICATION	10.5%	6.4%	1.73 [0.97, 3.08]	0.06
PASEO	8.3%	12.2%	0.65 [0.29, 1.49]	0.31
STRATEGY	18.4%	15.9%	1.19 [0.54, 2.62]	0.66
SESAMI	3.2%	5.0%	0.61 [0.20, 1.92]	0.40
MISSION	4.4%	6.6%	0.69 [0.25, 1.85]	0.46
TYPHOON	4.0%	6.6%	0.61 [0.27, 1.36]	0.23
PASSION	8.9%	11.5%	0.75 [0.45, 1.27]	0.29
HORIZONS-AMI	5.6%	6.6%	0.84 [0.60-1.17]	0.33
META-ANALYSIS			0.88 [0.68-1.11]	0.27

EXAMINATION Trial

1504 pts with STEMI undergoing PCI within 48° (85% primary PCI within 12°) were randomized to Xience V EES vs. Vision BMS

Stent thrombosis (Def/prob) within 1 year



Definite ST was reduced with Xience V from 1.9% to 0.5%, $p=0.01$

Guidelines

ESC - STEMI 2012

If the patient has no contraindications to prolonged DAPT (indication for oral anticoagulation, or estimated high long-term bleeding risk) and is likely to be compliant, DES should be preferred over BMS.

IIa

A

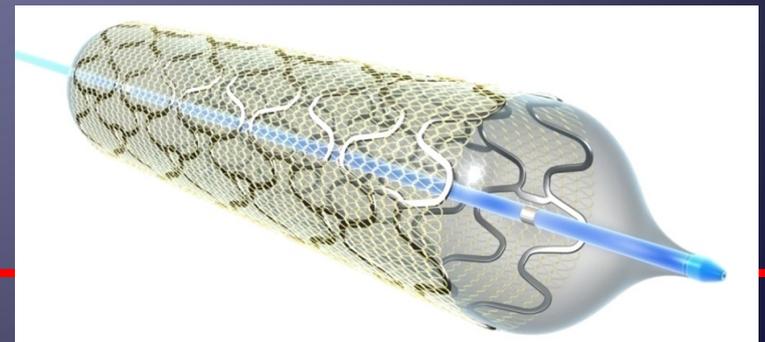
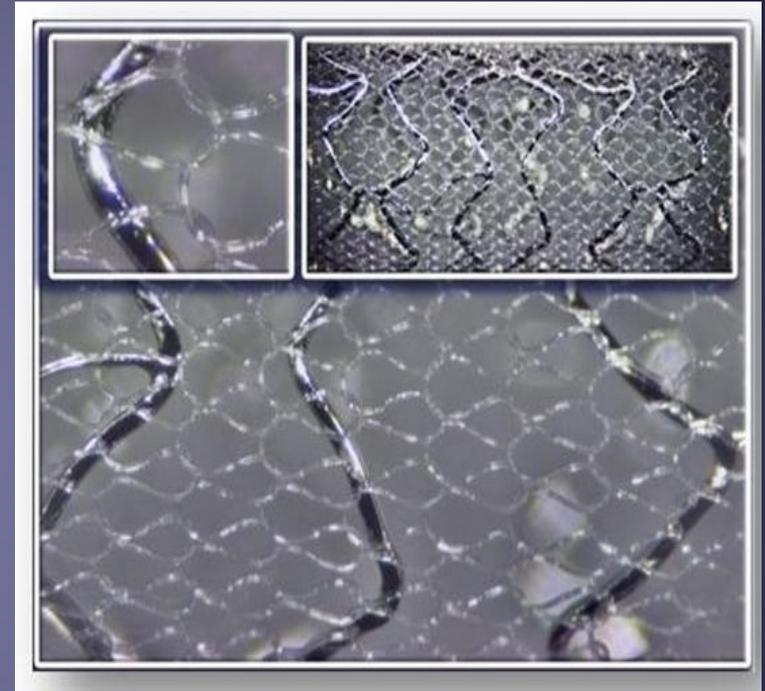
AHA/ACC - STEMI 2012



It is reasonable to use a drug-eluting stent as an alternative to a bare-metal stent for primary PCI in STEMI

The MGuard Coronary Stent System

- A stent wrapped with ultra-thin (20 μ m) polymer mesh sleeve.
- The mesh is designed for plaque sealing during stent expansion in order to prevent embolization of athero-thrombotic debris.
- The sleeve expands seamlessly when the stent is deployed, without affecting the structural integrity of the stent.



MASTER TRIAL DESIGN

432 patients with STEMI
pain <12 hrs, *de novo* lesions

Pre-dilatation and/or Aspiration
TIMI 2 or 3

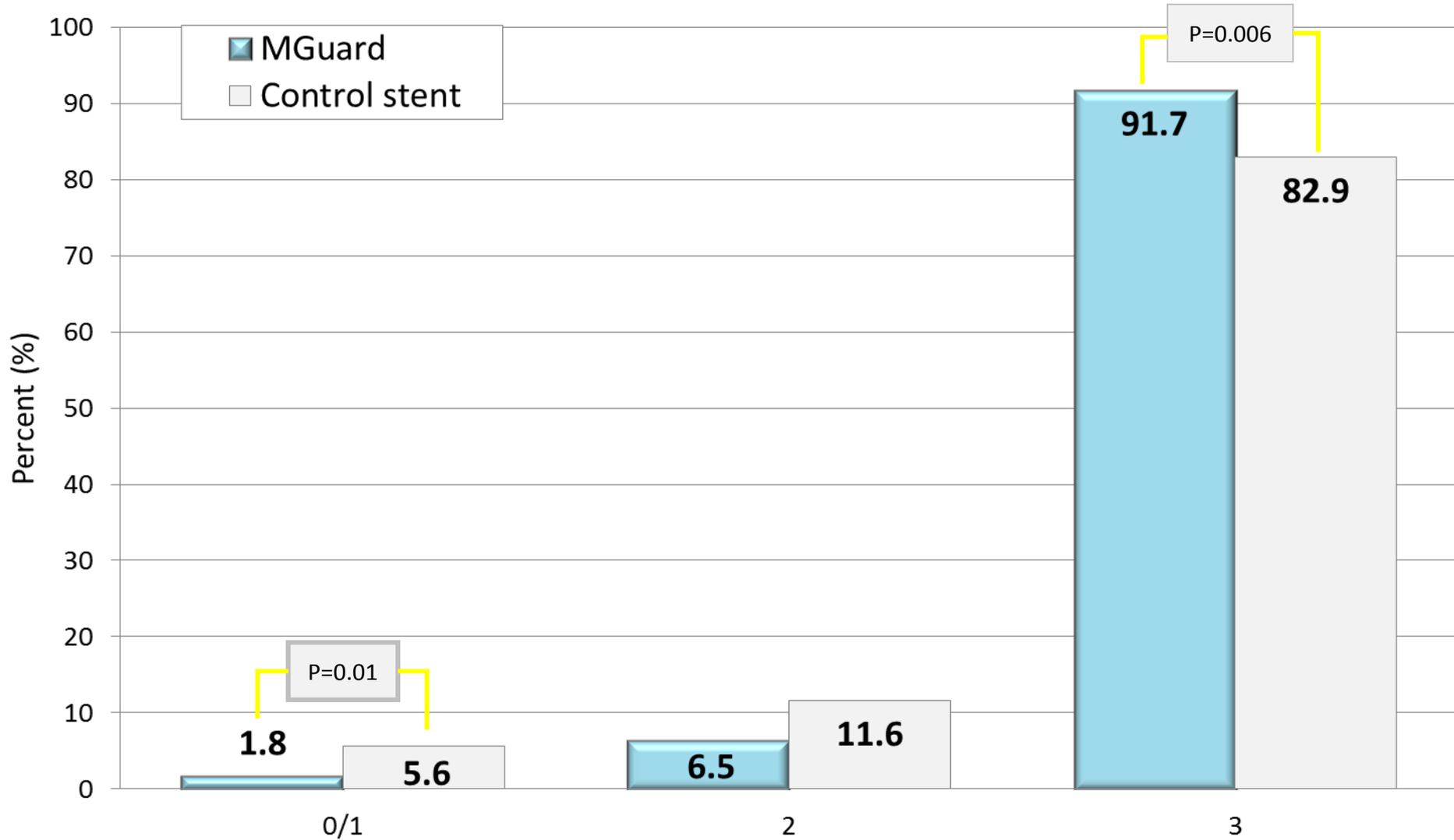
R
1:1

MGuard

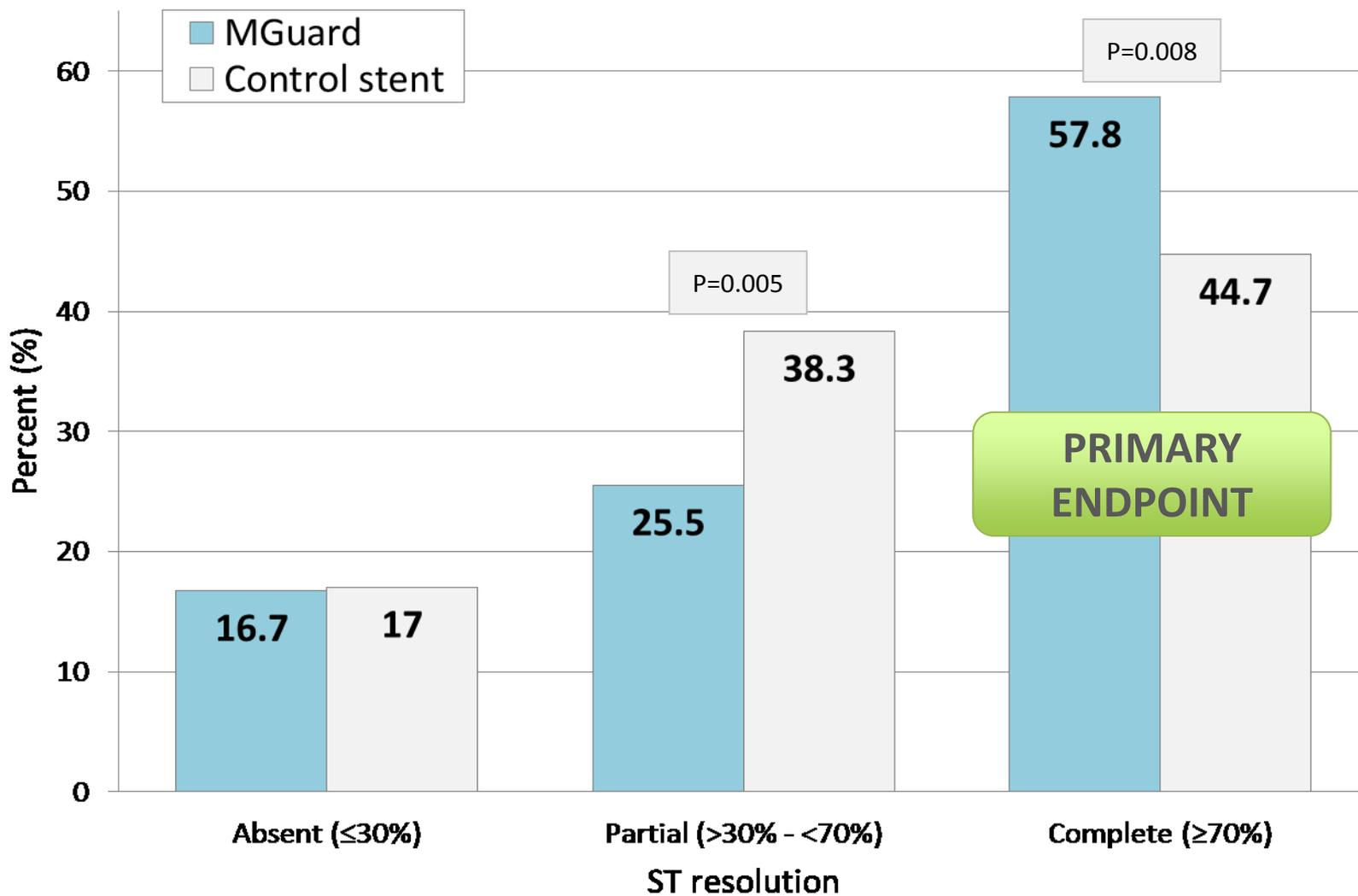
BMS or DES

Primary Endpoint: complete ST-segment resolution at 60-90 min
Secondary endpoints: TIMI flow, Myocardial Blush Grade, MACE (30d, 6m, 12m)
Substudies: Cardiac MRI at 3-5 days (2x30 patients)
Angiographic follow-up at 13 months (50 patients)

TIMI FLOW



ST SEGMENT RESOLUTION



30 DAYS CLINICAL RESULTS

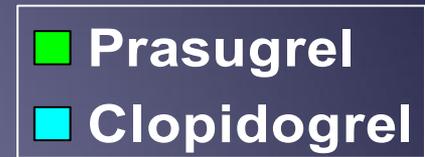
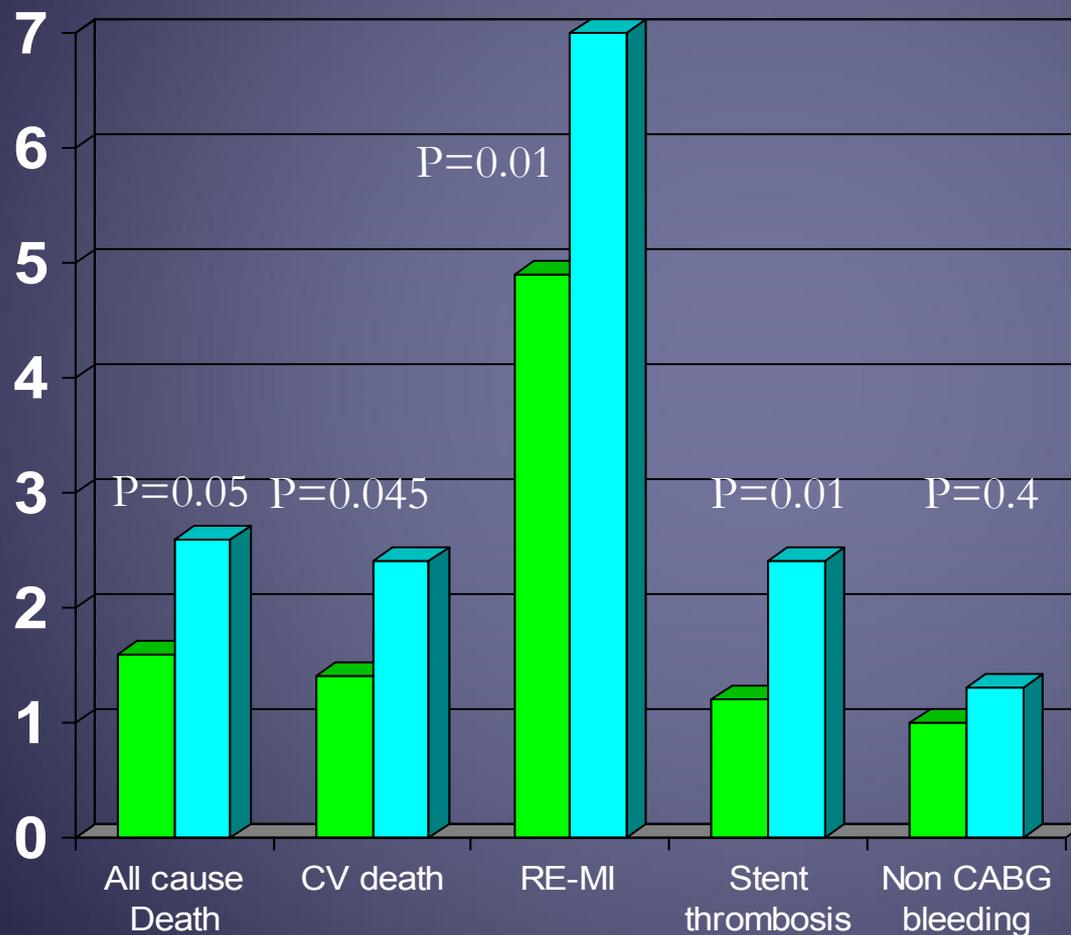
	MGUARD (N=217)	CONTROL BMS / DES (N=216)	P
MACE	4 (1.8%)	5 (2.3%)	0.75
All cause mortality	0 (0.0%)	4 (1.9%)	0.06
Cardiac death	0 (0.0%)	4 (1.9%)	0.06
Reinfarction	3 (1.4%)	2 (0.9%)	1.00
TLR, ischemia-driven	4 (1.8%)	1 (0.5%)	0.37
TVR, ischemia-driven	5 (2.3%)	1 (0.5%)	0.10
Stent Thrombosis			
Definite or Probable	3 (1.4%)	2 (0.9%)	0.67
Definite	3 (1.4%)	1 (0.5%)	0.62
Stroke	1 (0.5%)	0 (0.0%)	1.00
TIMI Bleeding			
Major or Minor	4 (1.9%)	4 (1.9%)	0.75
Major	3 (1.4%)	2 (0.9%)	1.00

* Secondary endpoints

Stone et. al, *J Am Coll Cardiol.* 2012;60:1975-1984.

Anti-thrombotic Therapy

TRITON-TIMI 38: STEMI Subgroup Analysis (n=3,534)

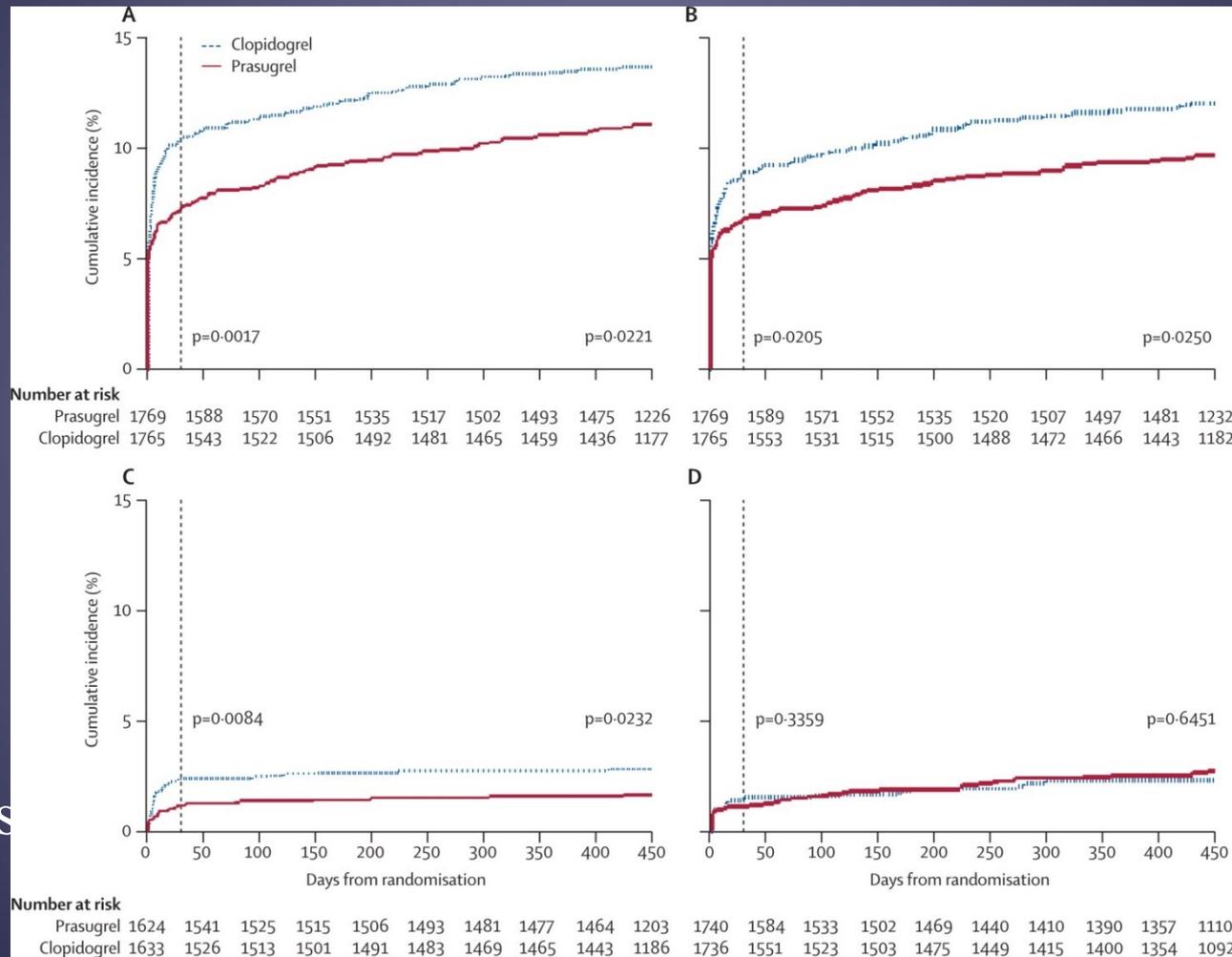


No information
on markers
of perfusion

TRITON-TIMI 38: STEMI Subgroup Analysis (n=3,534)

Death
MI
Stroke

Death
MI
UTVR

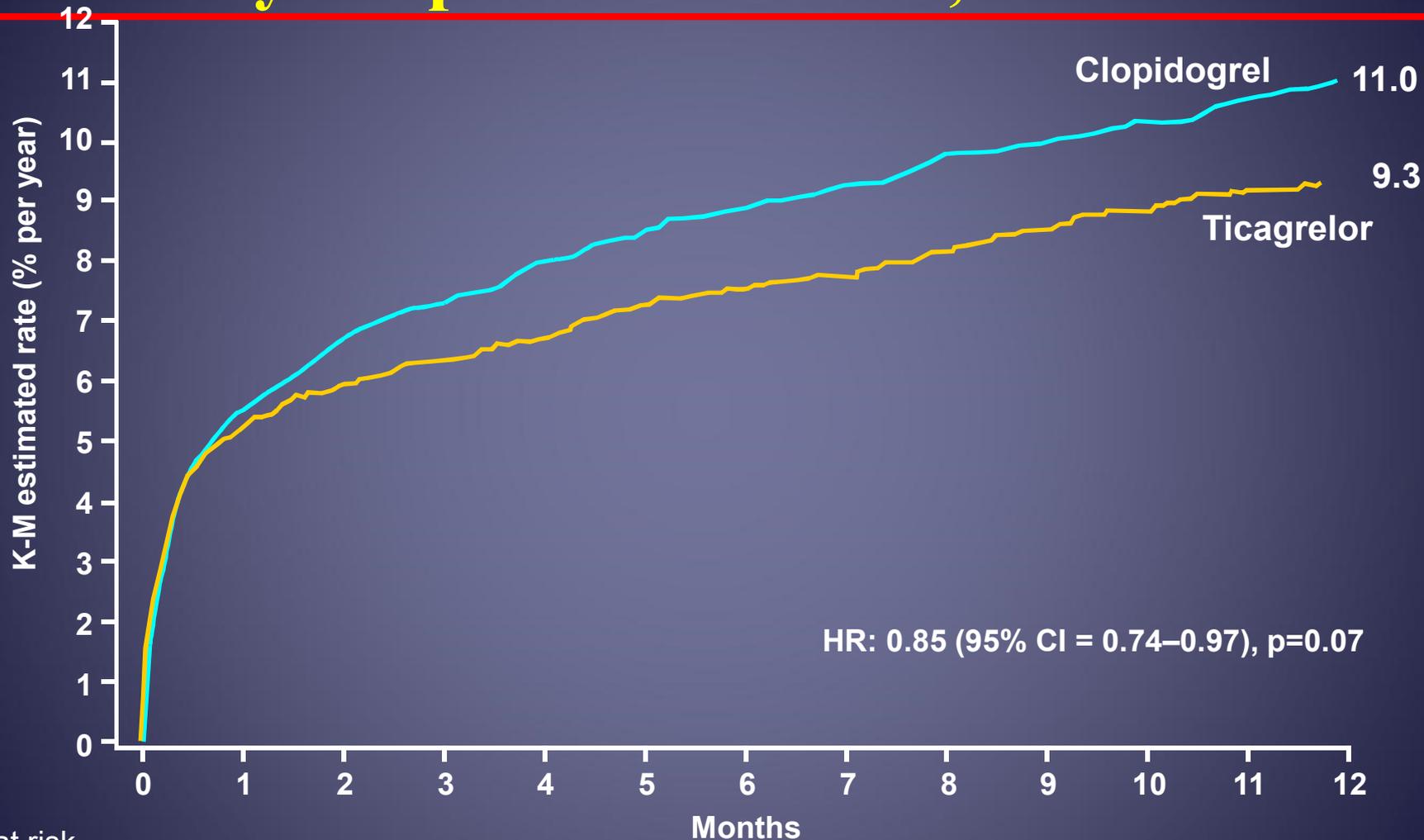


Stent
Thrombosis

Non-CABG
Related
TIMI
Major
Bleeding

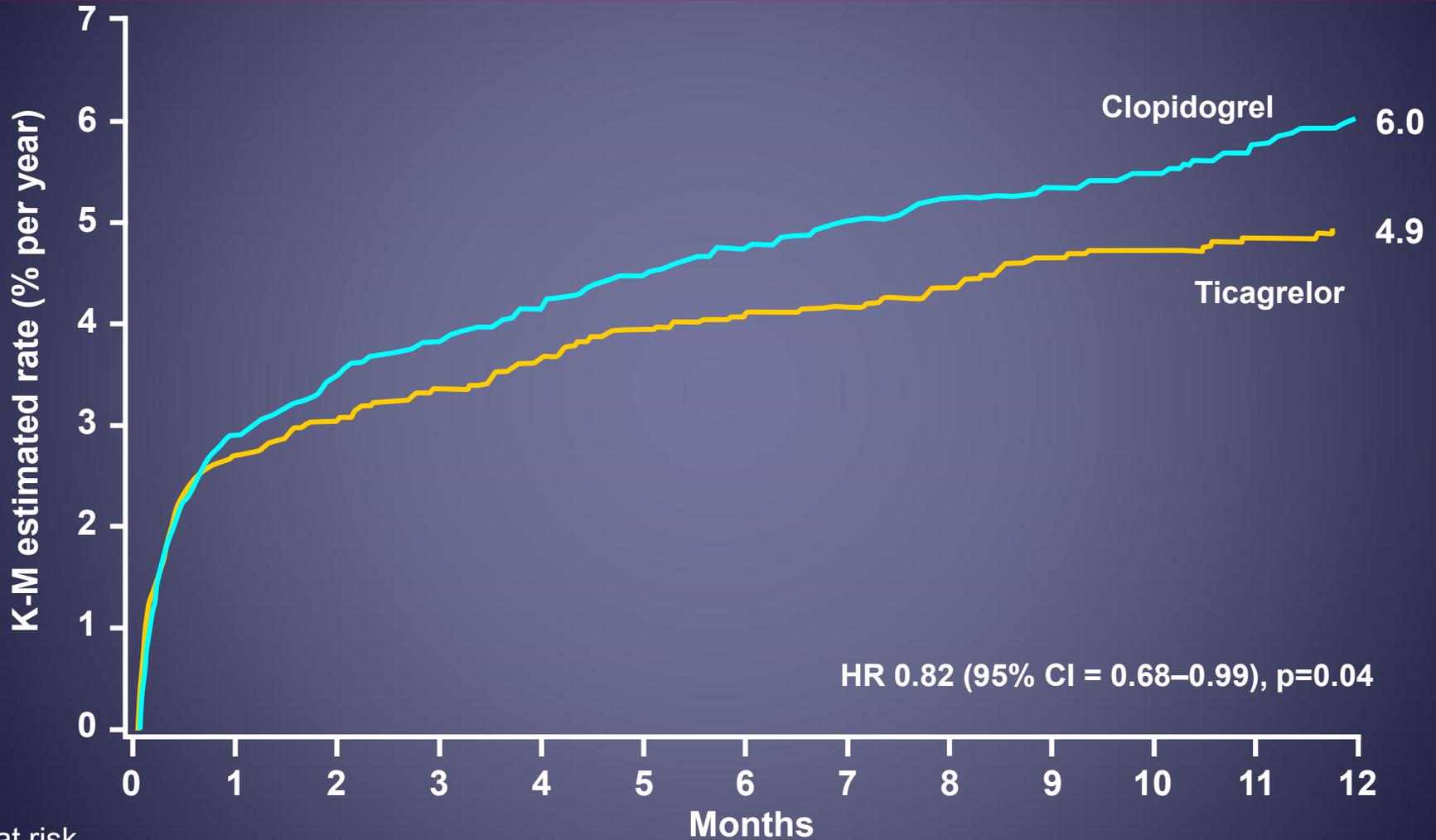
PLATO STEMI – 8,430 patients

Primary endpoint: CV death, MI or stroke



No. at risk	0	1	2	3	4	5	6	7	8	9	10	11	12
Ticagrelor	4,201	3,887	3,834	3,732	3,011	2,297	1,891						
Clopidogrel	4,229	3,892	3,823	3,730	3,022	2,333	1,868						

PLATO STEMI - All cause mortality

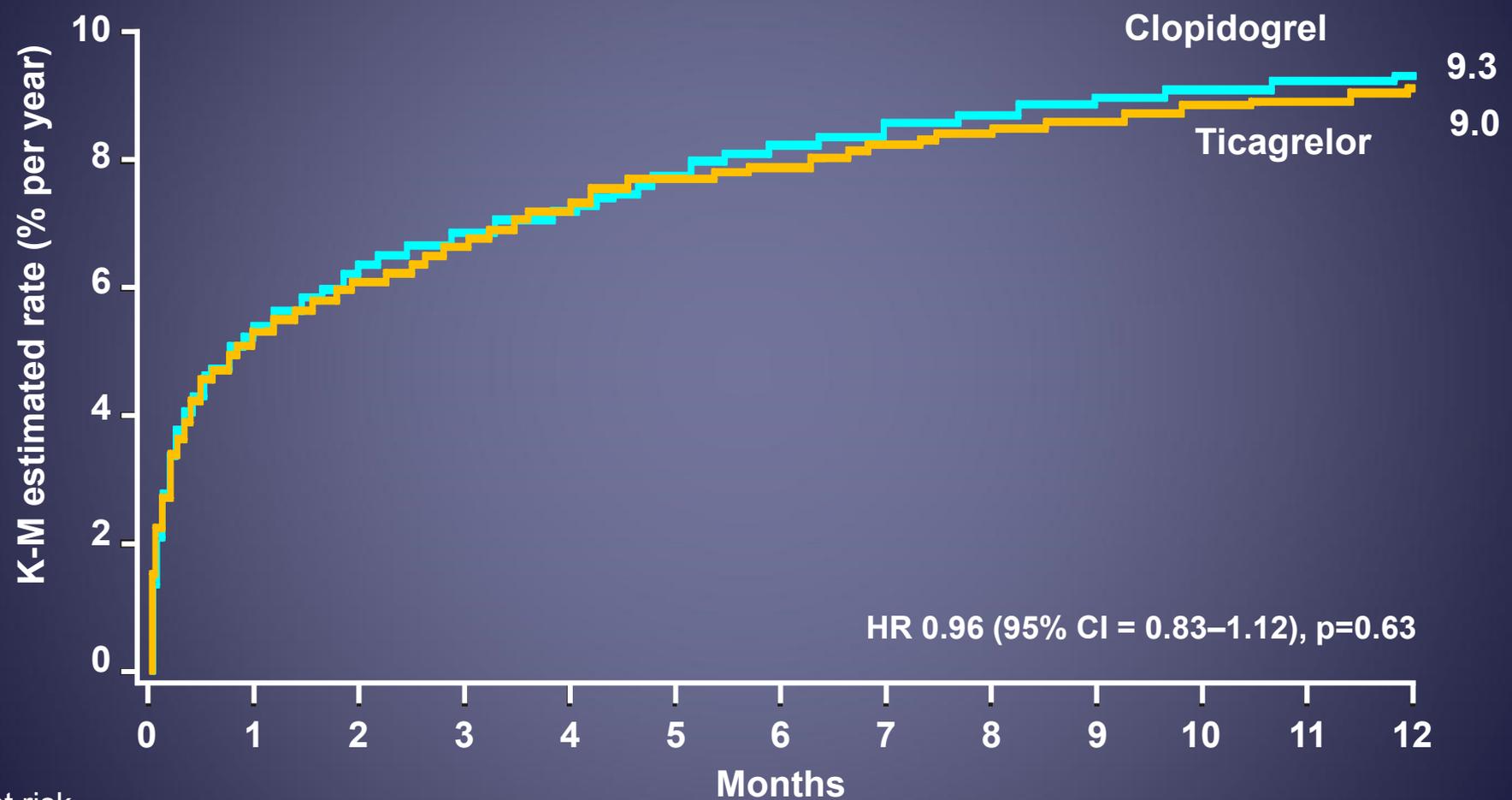


HR 0.82 (95% CI = 0.68–0.99), p=0.04

No. at risk

Ticagrelor	4,201	4,005	3,962	3,876	3,150	2,413	1,993
Clopidogrel	4,229	4,029	3,989	3,912	3,195	2,471	1,980

PLATO STEMI - Primary safety event: major bleeding



No. at risk	0	1	2	3	4	5	6	7	8	9	10	11	12
Ticagrelor	4,165	3,431	3,254	3,137	2,440	1,786	1,640						
Clopidogrel	4,181	3,430	3,297	3,159	2,441	1,804	1,635						

ESC STEMI Guidelines 2012

Antiplatelet therapy

Aspirin oral or i.v. (if unable to swallow) is recommended

I

B

An ADP-receptor blocker is recommended in addition to aspirin. Options are:

I

A

- Prasugrel in clopidogrel-naive patients, if no history of prior stroke/TIA, age <75 years.

I

B

- Ticagrelor.

I

B

- Clopidogrel, preferably when prasugrel or ticagrelor are either not available or contraindicated.

I

C

GP IIb/IIIa inhibitors should be considered for bailout therapy if there is angiographic evidence of massive thrombus, slow or no-reflow or a thrombotic complication.

IIa

C

Routine use of a GP IIb/IIIa inhibitor as an adjunct to primary PCI performed with unfractionated heparin may be considered in patients without contraindications.

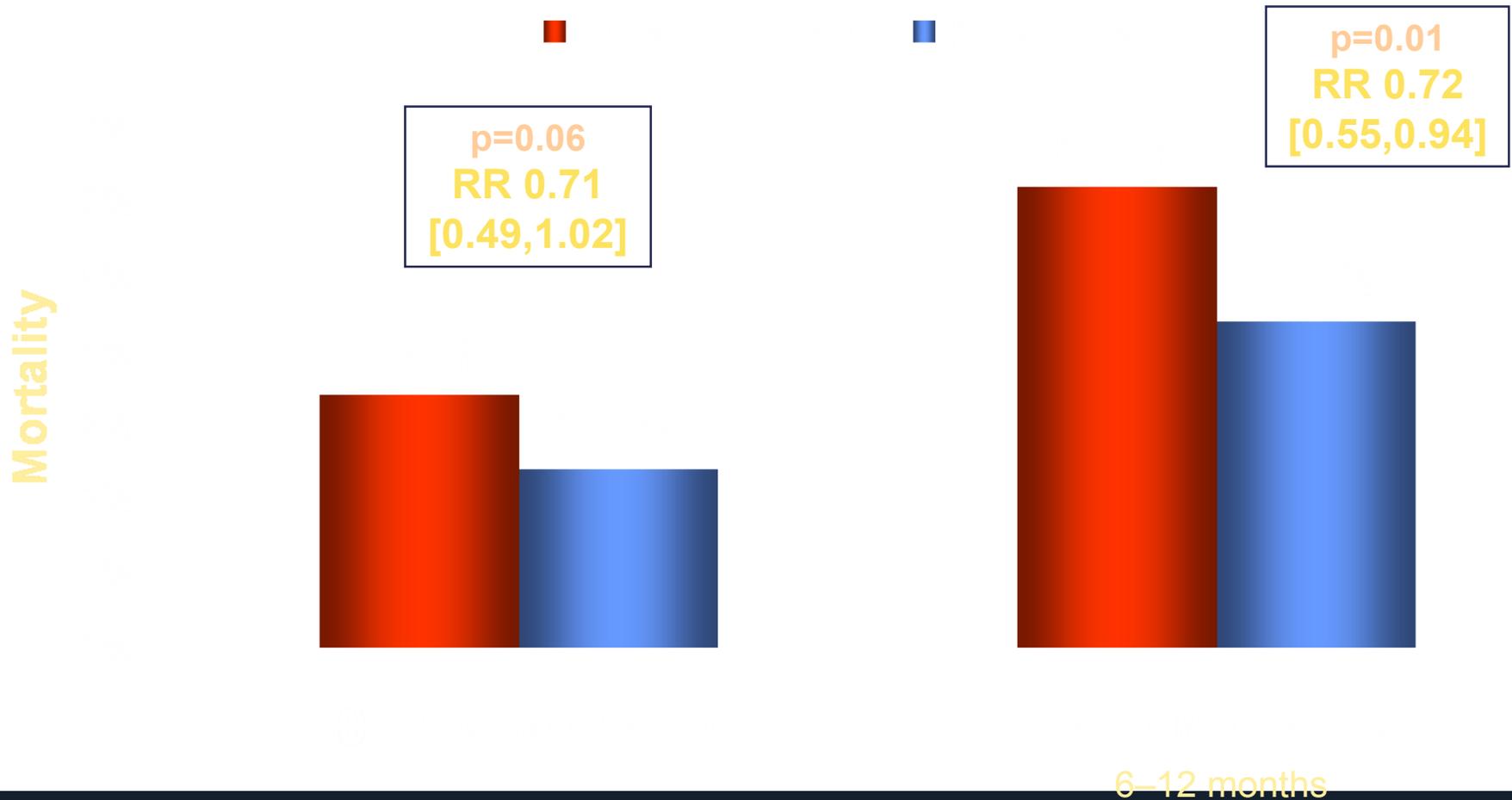
IIb

B

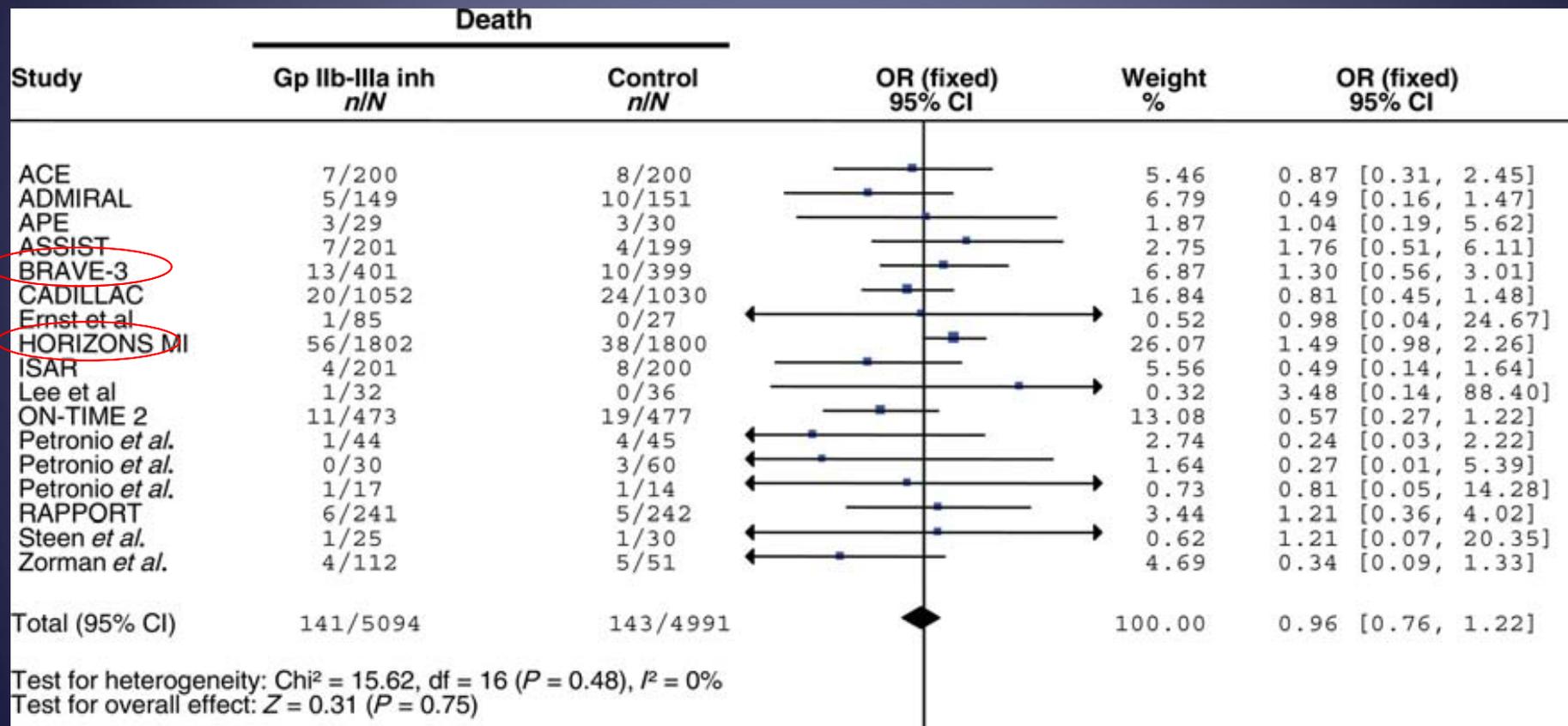
**Is there still a role for GP IIb/IIIa
inhibitors in the era of the new platelet
ADP receptor inhibitors ?**

Abciximab in Primary PCI Meta-analysis

8 RCTs – 3,949 pts with AMI w/i 12° undergoing primary (7) or rescue (1) PCI rand to abciximab vs. placebo or control



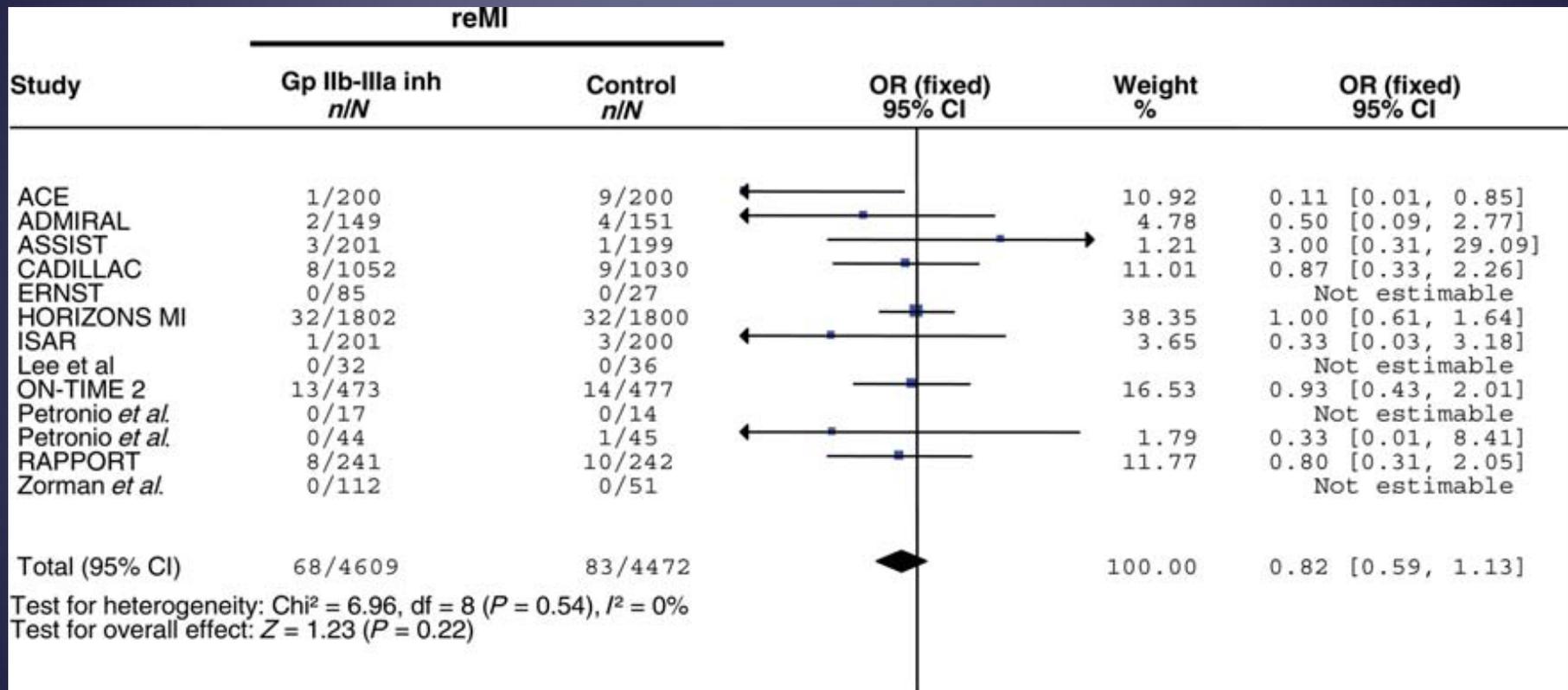
Updated meta-analysis of effect of GPIs on 30 day mortality in pts with STEMI



Favors GPIs

Favors Control

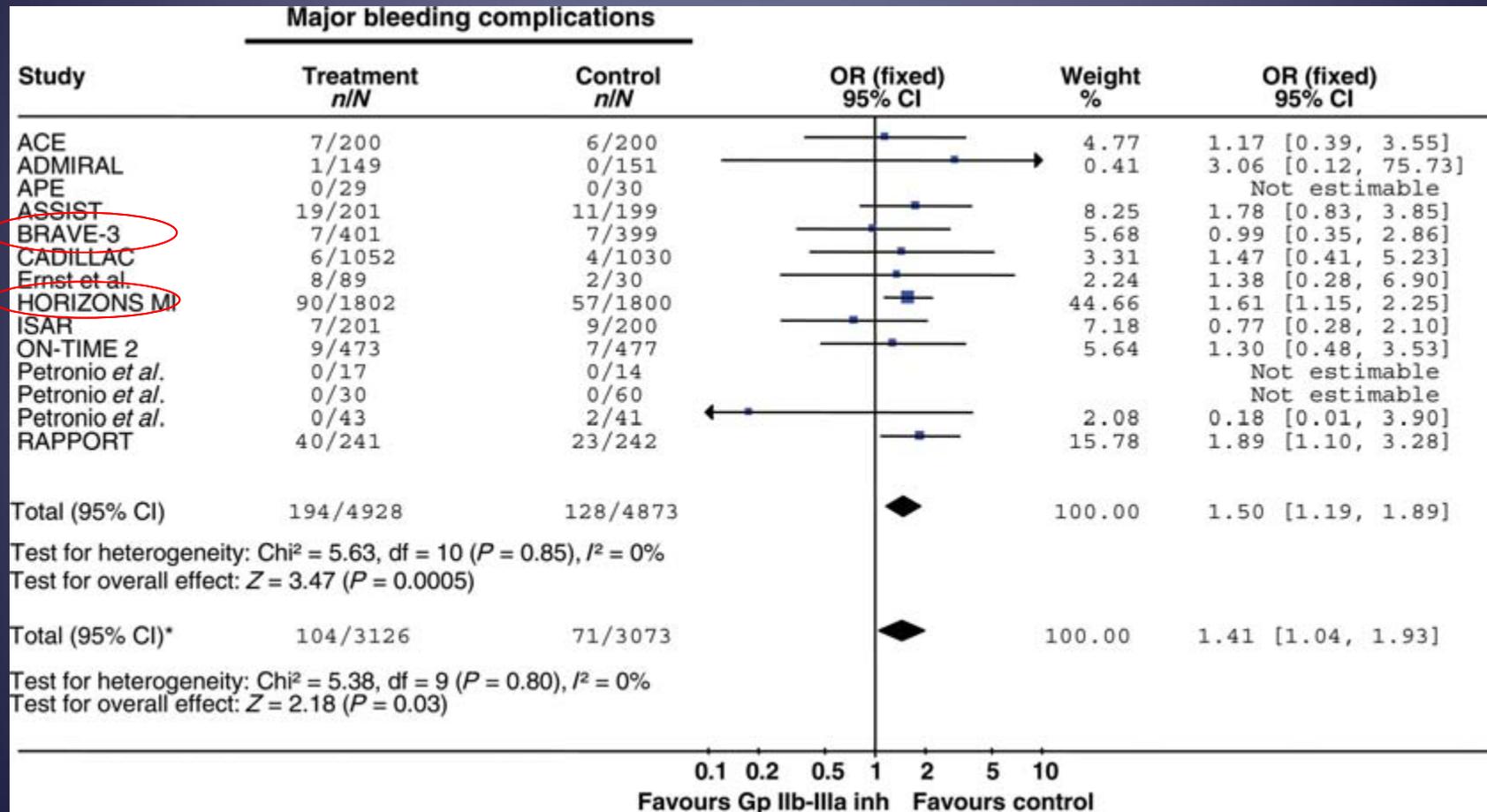
Updated meta-analysis of effect of GP IIb/IIIa inhibitors on 30 day re-MI



Favors GPIs

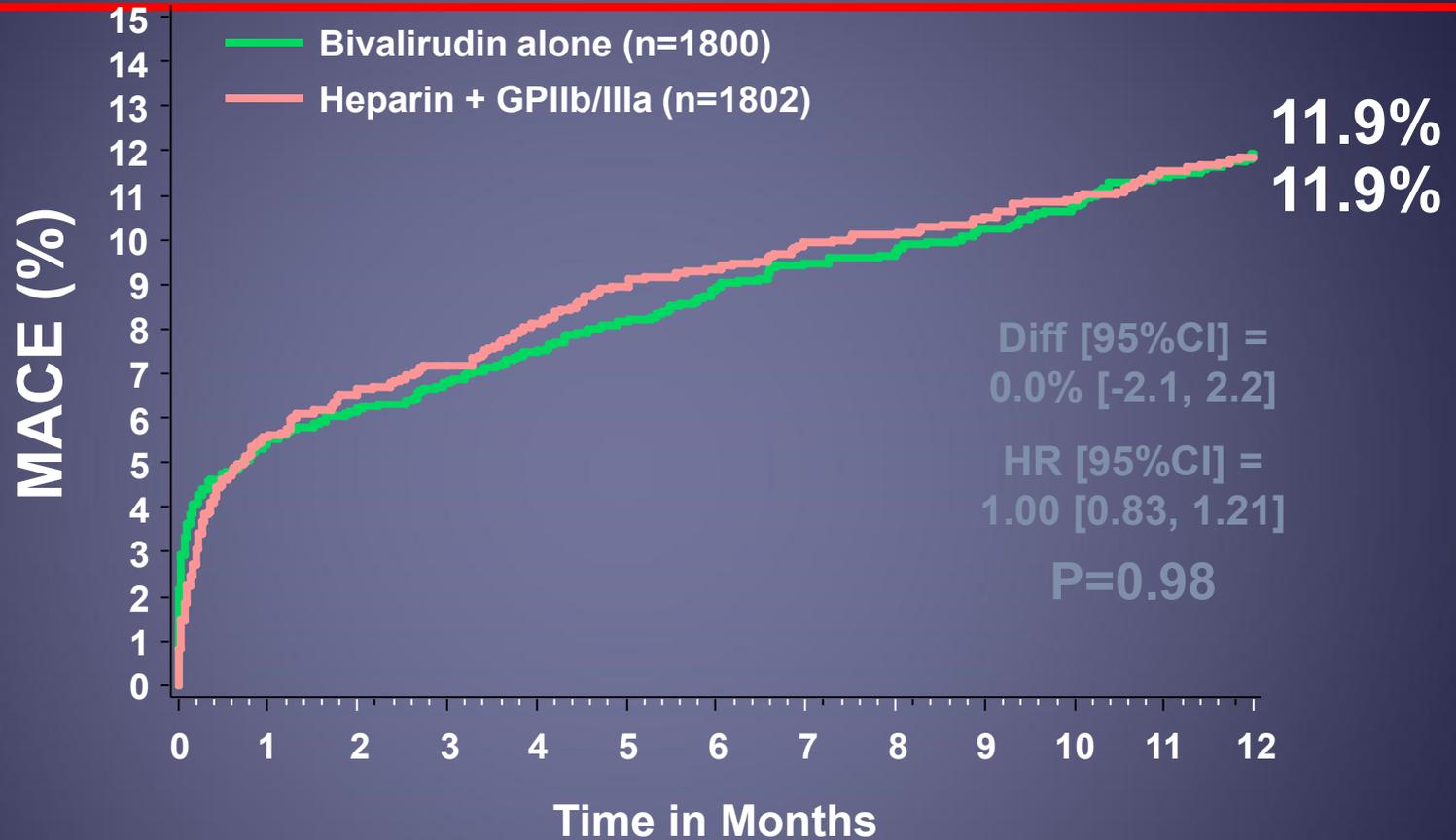
Favors control

Updated meta-analysis of effect of GP IIb/IIIa inhibitors on major bleeding



HORIZONS AMI - 1-Year Major Adverse CV Events

3602 patients with STEMI



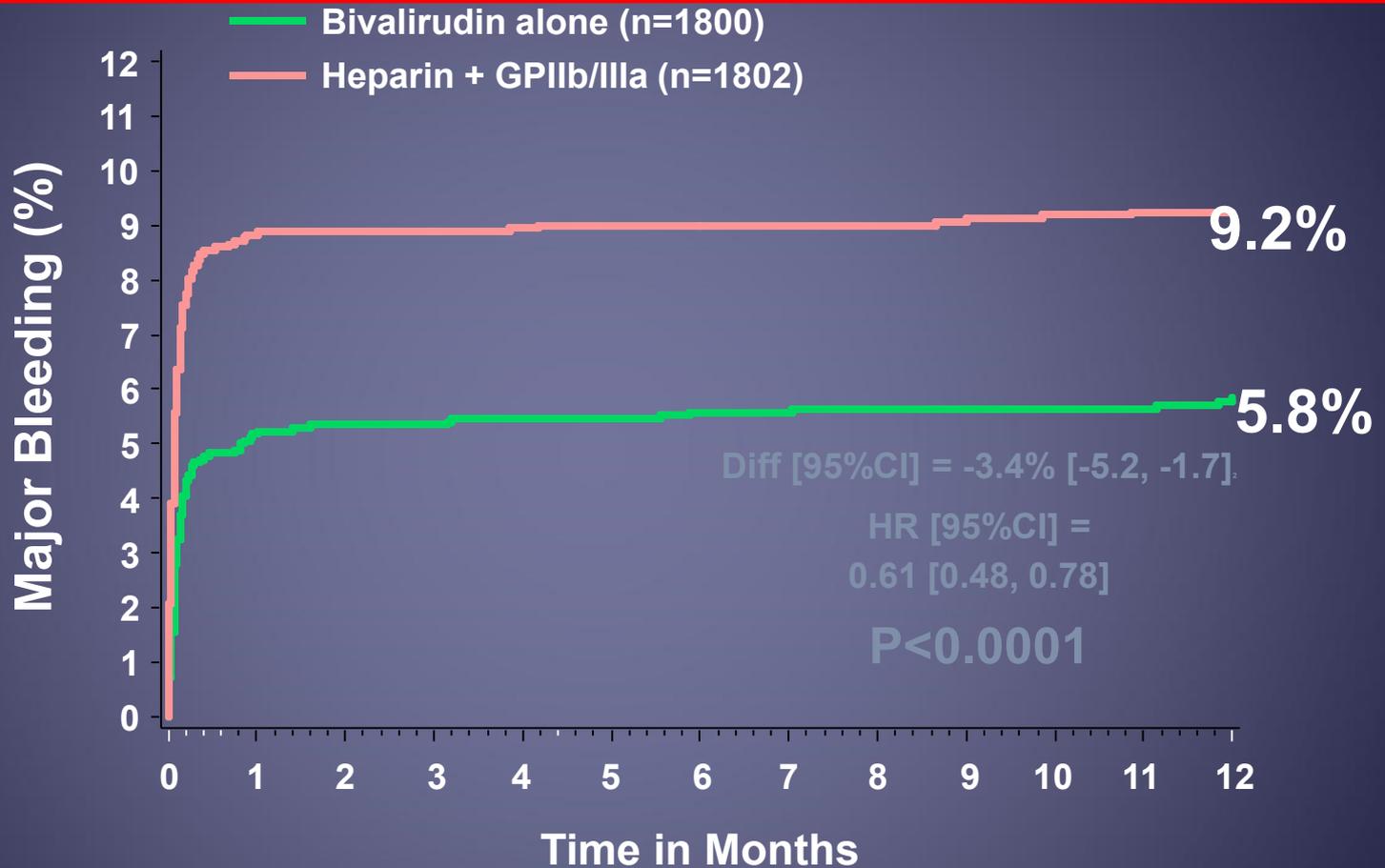
Number at risk

	0	1	2	3	4	5	6	7	8	9	10	11	12
Bivalirudin alone	1800	1627	1579	1544	1394								
Heparin+GPIIb/IIIa	1802	1619	1573	1540	1380								

*MACE = All cause death, reinfarction, ischemic TVR or stroke

Stone G et al, NEJM 2008, Lancet 2009

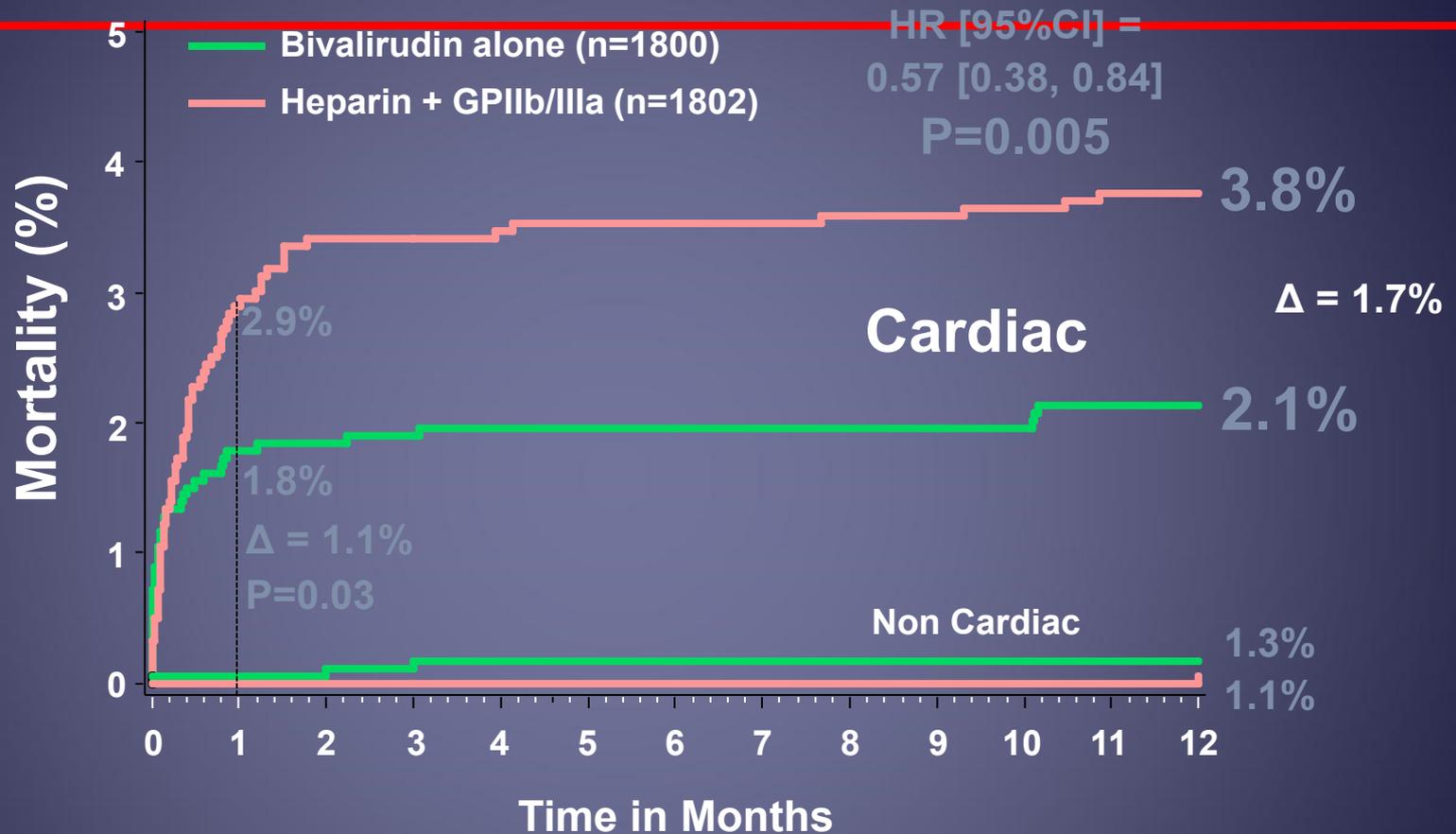
HORIZONS - 1-Year Major Bleeding (non-CABG)



Number at risk

Bivalirudin alone	1800	1621	1601	1586	1448
Heparin+GPIIb/IIIa	1802	1544	1532	1515	1368

HORIZONS AMI 1-Year Mortality

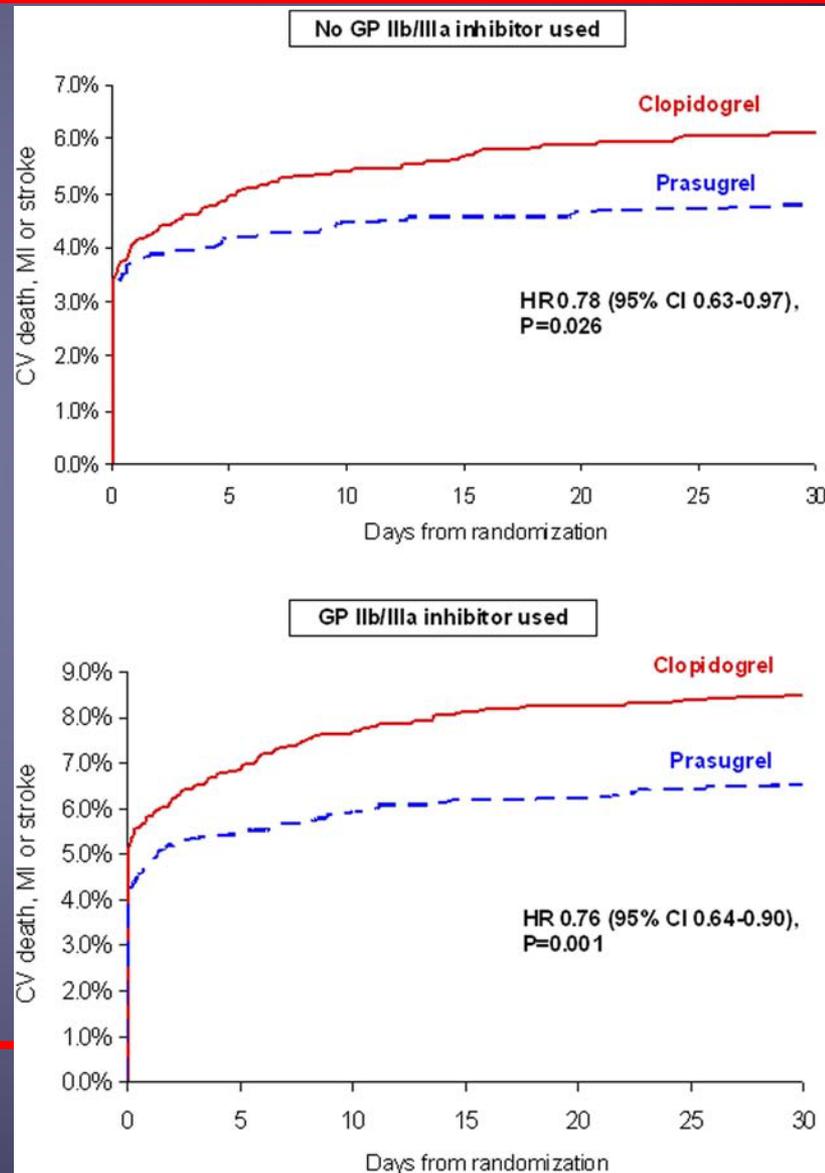


Number at risk

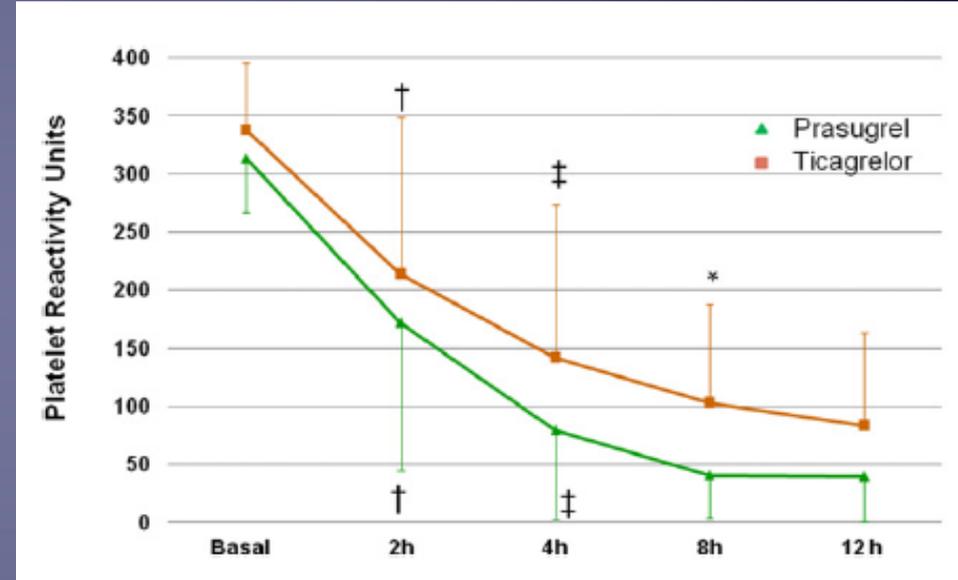
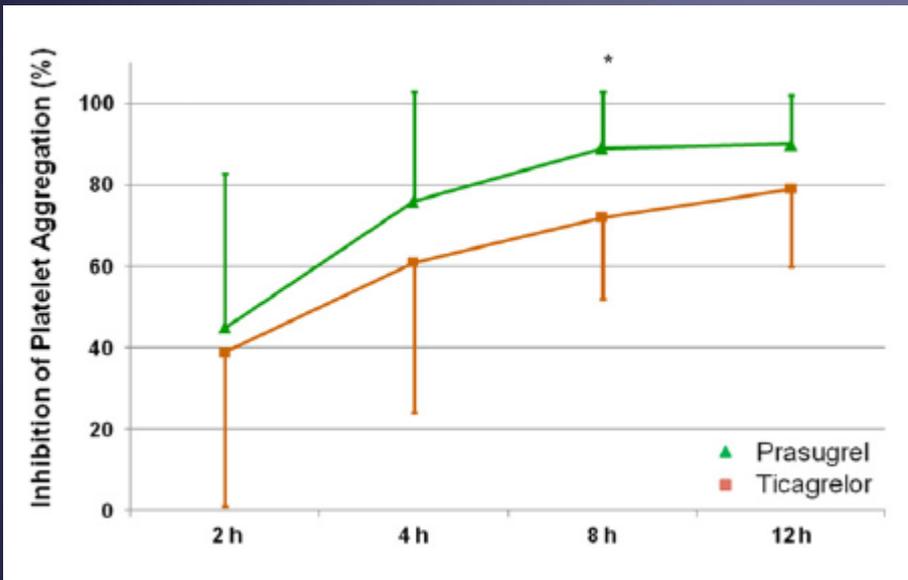
	0	1	2	3	4	5	6	7	8	9	10	11	12
Bivalirudin alone	1800	1705	1684	1669	1669	1669	1669	1669	1669	1669	1669	1669	1520
Heparin+GPIIb/IIIa	1802	1678	1663	1646	1646	1646	1646	1646	1646	1646	1646	1646	1486

GPIIb/IIIa's and prasugrel in the TRITON

Similar findings for
ticagrelor in the PLATO

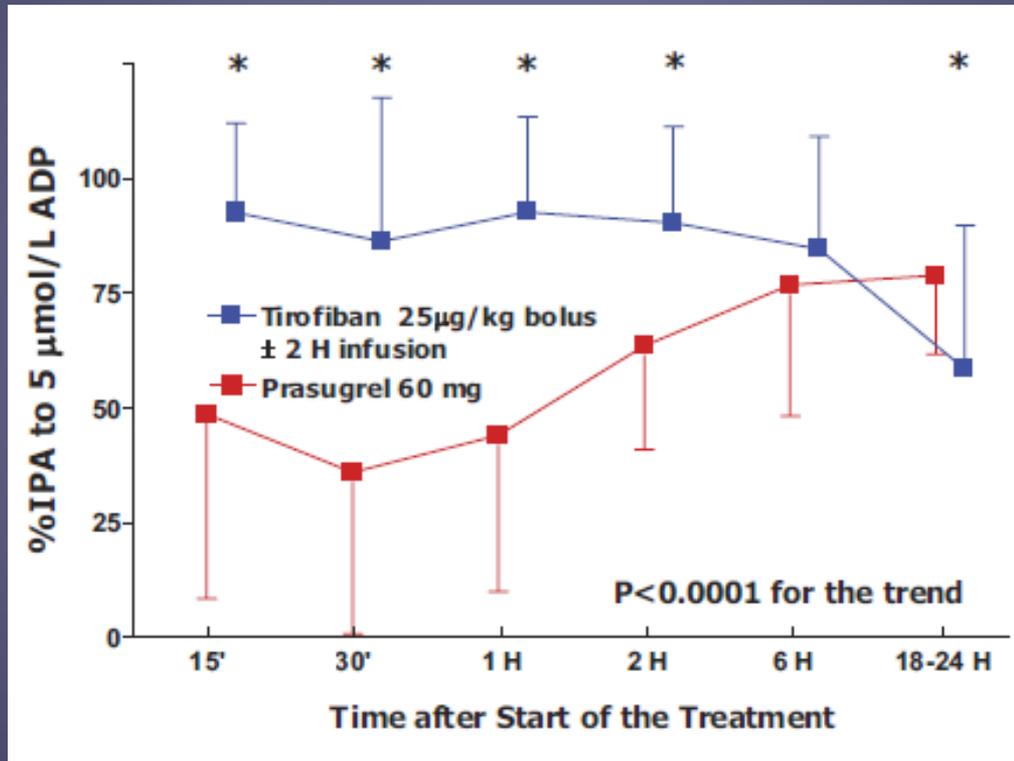


RAPID Study



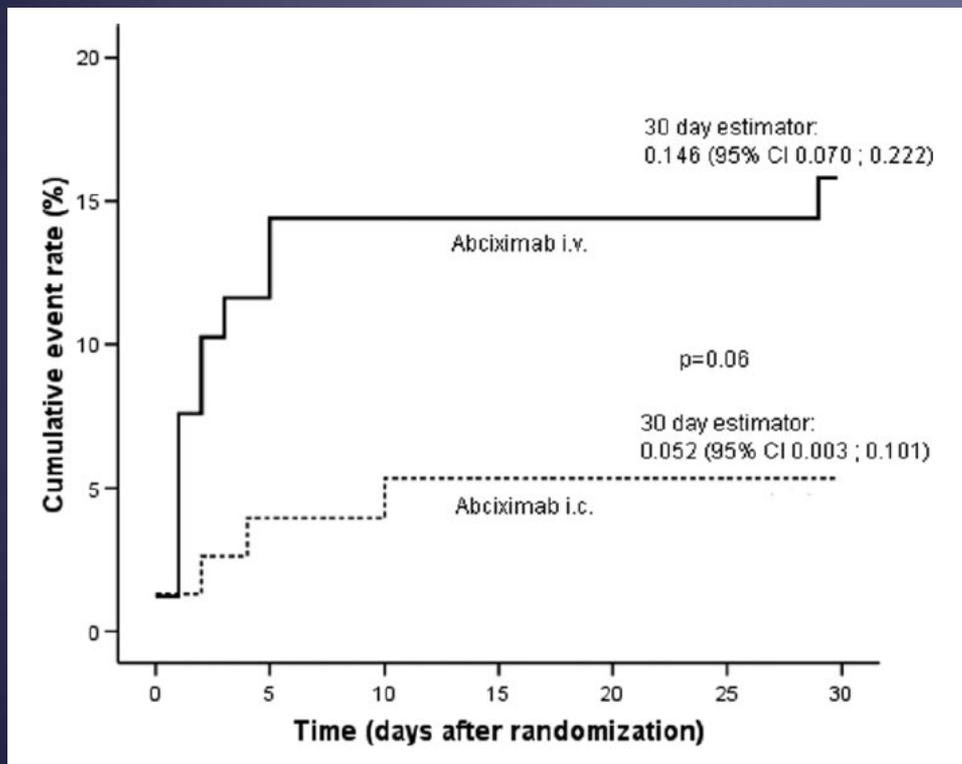
50 patients with STEMI undergoing primary PCI

FABULOUS-PRO Study



IC Abciximab During STEMI

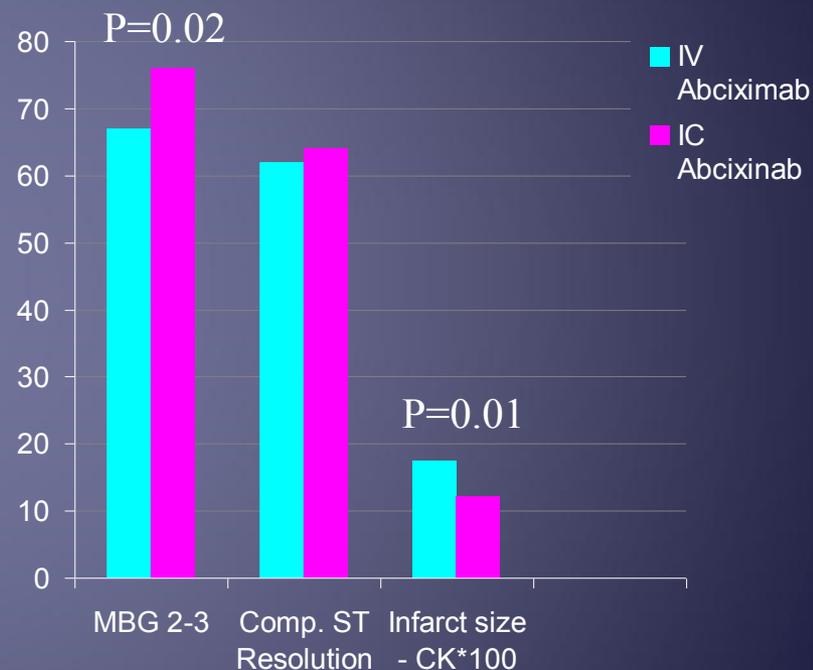
IC vs. IV Abciximab in 154 patients with STEMI



Death, re-infarction, CHF, TVR

Thiele et al, Circulation 2008

CICERO trial IC vs. IV Abciximab in STEMI



534 STEMI patients,
all underwent thrombus aspiration

Gu et al, Circulation 2010

AIDA STEMI: 2065 pts with STEMI <12° rand to PPCI with IC vs IV bolus abcx (+12° IV abcx in all)

Primary EP @ 90 days	IC Abcx (n=935)	IV Abcx (n=932)	OR (95% CI)	P value
Death, ReMI, or new CHF	65 (7.0%)	71 (7.6%)	0.91 (0.91-1.28)	0.58
- Death	42 (4.5%)	34 (3.6%)	1.24 (0.78-1.97)	0.36
- Cardiac	35	33		
- Non-cardiac	7	1		
- Reinfarction	17 (1.8%)	17 (1.8%)	1.0 (0.51-1.96)	0.99
- New CHF	22 (2.4%)	38 (4.1%)	0.57 (0.33-0.97)	0.04

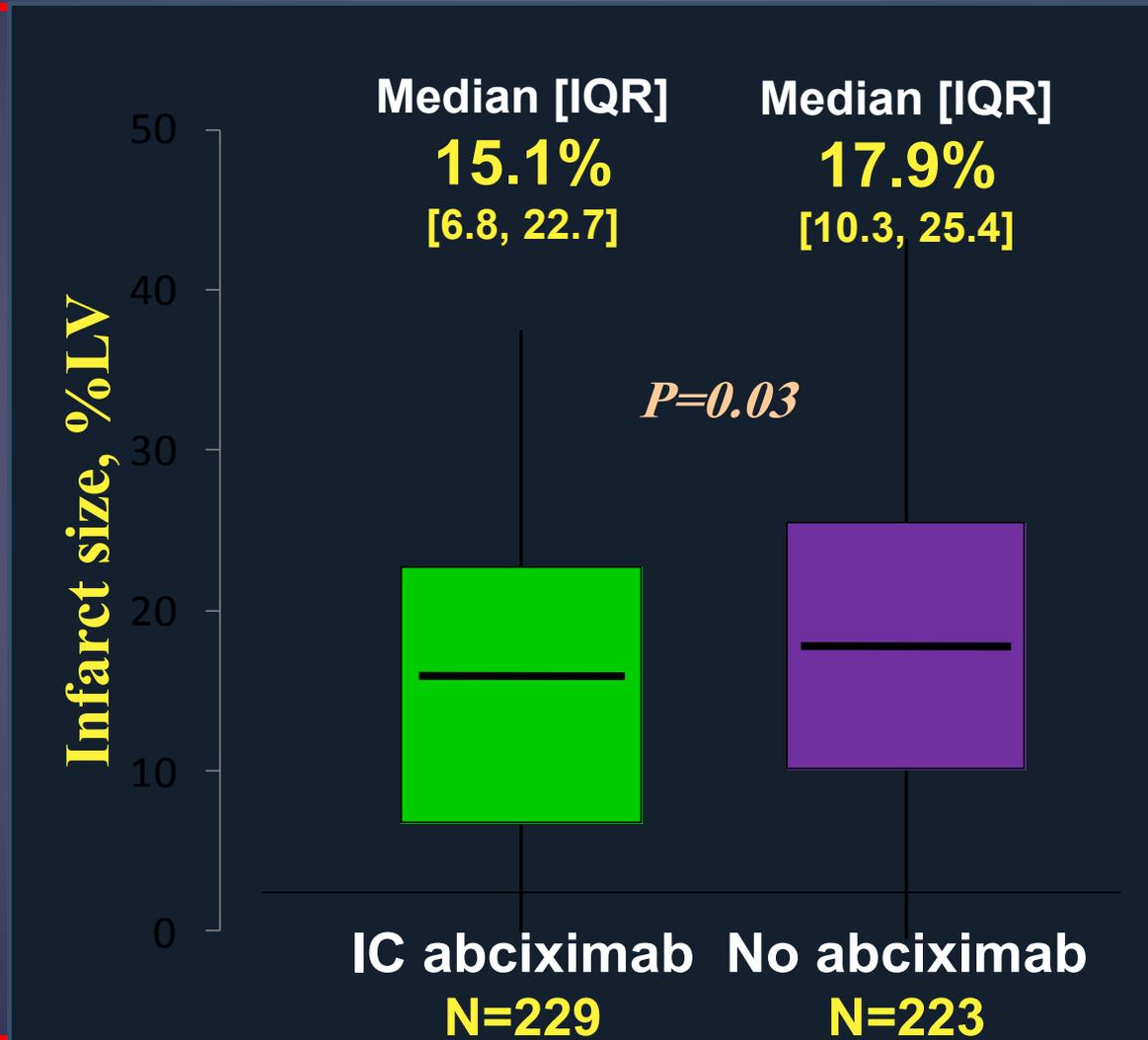
Meta-analysis of IV vs IC Bolus Abciximab (+ 12° Infusion) During Primary PCI in STEMI

6 RCTs, 1246 total pts randomized
30-Day Mortality



INFUSE-AMI: Infarct size at 30 days

Effect of IC abciximab via Clearway RX



*Core laboratory assessed

Stone GW et al. JAMA 2012;307:0n-line

Summary

- Optimizing myocardial perfusion during STEMI is challenging.
- Manual thrombus aspiration appeared promising especially from initial studies (TAPAS), but recent studies (INFUSE-MI, TASTE) and registries failed to duplicate the favorable effect
- Embolic protection devices are of doubtful benefit for STEMI PCI
- DES preferred stents; MGuard stent may be beneficial in STEMI PCI but needs to be tested in further clinically powered trials.
- Pharmacotherapy: the new anti-platelet agents clearly have an advantage over clopidogrel in the setting of STEMI primary PCI, all should be given ASAP
- GP IIb/IIIa inhibitors should mainly be given in “bailout” situations, but early administration as “bridge” should be studied
- IC GP IIb/IIIa administration appears to have an advantage over IV

Thank you !
